## **European Parliament**

2014-2019



Plenary sitting

B8-1377/2016

15.12.2016

## **MOTION FOR A RESOLUTION**

pursuant to Rule 133 of the Rules of Procedure on salt consumption in the EU

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## B8-1377/2016

## Motion for a European Parliament resolution on salt consumption in the European Union

The European Parliament,

- having regard to Article 168 of the Treaty on the Functioning of the European Union,
- having regard to the European framework on the reduction of salt consumption (2008),
- having regard to Rule 133 of its Rules of Procedure,
- A. whereas, according to the abovementioned European framework, salt consumption is between 8 and 12 grammes per day in most Member States (2012), which is higher than the amount recommended by the World Health Organization (5 g/d);
- B. whereas this overconsumption leads to a high risk of cardiovascular diseases, which are responsible for 40% of the death rate in the Union, and whereas salt consumption that complies with the abovementioned recommendations would reduce the amount of strokes by 24% and coronary diseases by 18%;
- C. whereas approximately 80% of salt consumption comes from the food industry and that public policies to reduce this consumption should address this as a priority;
- 1. Encourages the Commission to further negotiations between representatives of the food industry and Member States to reduce the use of salt, by prioritising incentive policies;
- 2. Further encourages the Commission to support research and to promote the use of solutions that substitute salt in processed food products.

