



Plenary sitting

B8-1382/2016

15.12.2016

MOTION FOR A RESOLUTION

pursuant to Rule 133 of the Rules of Procedure

on groundnut consumption

Mireille D'Ornano

Motion for a European Parliament resolution on groundnut consumption

The European Parliament,

- having regard to Article 168 of the Treaty on the Functioning of the European Union,
- having regard to Rule 133 of its Rules of Procedure,
- A. whereas cardiovascular illnesses are responsible for 25.5 million deaths each year worldwide and 40% of deaths in the Union, or 1.9 million deaths per year;
- B. whereas, according to a number of scientific studies, in particular by the American Nutrition Society (2008), high groundnut consumption can reduce the risk of developing a cardiovascular illness by 35-50%, given the high levels of non-saturated fatty acids, vitamin B9, vitamin E, potassium and fibre in groundnuts;
- C. whereas the above-mentioned nutritional properties have been recognised by the US Food and Drug Administration, which recommends the consumption of around 30 grams of groundnuts per day as part of a healthy diet;
- 1. Calls on the Commission, through the competent European agencies, to publish official guidelines on groundnuts as part of a healthy diet and to promote groundnut consumption among the people of Europe.