## **European Parliament**

2014-2019



### Plenary sitting

B8-1424/2016

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# **MOTION FOR A RESOLUTION**

pursuant to Rule 133 of the Rules of Procedure on Internet dependency

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#### B8-1424/2016

### Motion for a European Parliament resolution on Internet dependency

The European Parliament,

- having regard to Article 168 of the Treaty on the Functioning of the European Union,
- having regard to Rule 133 of its Rules of Procedure,
- A. whereas some 3.4 billion people use the Internet worldwide and whereas use of the Internet is particularly widespread among young people;
- B. whereas there are numerous scientific definitions of Internet dependency ('cyber dependency'), but criteria relating, in particular, to loss of control and a sensation of loss during 'withdrawal' are distinguished and whereas, according to a number of studies carried out between 2004 and 2010, between 1% and 9% of European adolescents were suffering from cyber dependency, as were as many as 6% to 35% of students worldwide:
- C. whereas cyber dependency is said to impair concentration, sleep, academic performance and social skills, and whereas certain cases have been reported in which intensive online gaming has resulted in death;
- 1. Stresses that European digital literacy policies must take into account the social and health impact of cyber dependency;
- 2. Encourages the Member States to impose rational use of the Internet in their education systems.

