



Plenary sitting

B8-0109/2017

11.1.2017

MOTION FOR A RESOLUTION

pursuant to Rule 133

on ‘sugar-free’ drinks

Mireille D’Ornano

Motion for a European Parliament resolution on ‘sugar-free’ drinks

The European Parliament,

- having regard to Article 168 of the Treaty on the Functioning of the European Union,
- having regard to Rule 133 of its Rules of Procedure,
- A. whereas, in March 2015, the World Health Organisation advised a reduction in sugar intake to less than 10%, or better, 5%, of daily energy intake;
- B. whereas 75% of beverages sold on the US market contain added sugars, and whereas these drinks account for 46% of the total sugar consumed by Americans and a third of that consumed by British teenagers;
- C. whereas beverages containing artificial sweeteners account for a quarter of the commercial beverage market, a market segment which is expanding, since consumption of said beverages in the US doubled between 1999 and 2000 and again between 2007 and 2008;
- D. whereas, according to a study carried out by Imperial College London and published on 3 January 2017, beverages containing artificial sweeteners have no nutritional value, contribute to weight gain and lead to an increased risk of cardiovascular diseases;
- 1. Encourages the Commission to conduct research into the abovementioned beverages and to revise guidelines on the reduction of sugar consumption accordingly.