Question for written answer E-002911/2012 to the Commission Rule 117 Rareş-Lucian Niculescu (PPE)

Subject: Excessive iodine consumption

Government Decision No 568/2002 banned the sale of non-iodised salt in Romania, and the population is forced to consume exclusively iodised salt, directly or indirectly, in any food processed in the country. ['In Romania only iodised salt shall be used in food for human consumption' (Article 3, Paragraph 1)]

The Government adopted this decision with the aim of preventing disorders caused by iodine deficiency (hypothyroidism), even though only a small number of such cases have been caused by iodine deficiency.

On the other hand, it has been shown that excessive mandatory iodisation has serious consequences: foetal hypothyroidism when iodine is administered to pregnant women, inhibition of organification and coupling reactions (Wolff-Chaikoff effect), allergies, etc.

Can the Commission specify whether the adoption of such a decision complies with the norms stipulated in European legislation, given that it restricts consumers' choices and exposes them to a high risk of falling ill due to excessive iodine consumption?

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