

**Question for written answer E-001986/2017  
to the Commission**  
Rule 130  
**Mireille D'Ornano (ENF)**

Subject: Sports dietary supplements

According to a Commission study published on 28 March 2007, the sports dietary supplements market was worth EUR 5 billion in 2005. The NutriNet-Santé study conducted in France (2009-2015) shows that 15% of men and 28% of women take dietary supplements at least three times per week.

Vitamin- and mineral-based food supplements are governed by Directive 2002/46/EC. Other types of dietary supplement (43% of the market in 2005) are not subject to any specific regulations.

In an opinion published on 7 November 2016, the French Agency for Food, Environmental and Occupational Health and Safety highlighted the fact that sports dietary supplements had – sometimes serious – side effects on the cardiovascular system, liver, kidneys, neuropsychiatric functions and the skin. As for their health benefits, in the case of only two of the substances assessed were the health claims made confirmed by the European Food Safety Agency.

Does the Commission plan to regulate the marketing of dietary supplements not covered by Directive 2002/46/EC and/or to beef up Regulation (EC) No 1924/2006 and Regulation (EU) No 432/2012 on health claims?