

**Question for written answer E-003101/2018  
to the Commission**

Rule 130

**María Teresa Giménez Barbat (ALDE)**

Subject: Growing suicide risk in middle-aged men

According to recent studies in western countries<sup>1</sup>, a fairly new demographic pattern is showing that middle-aged men are currently the age group with the highest risk of suicide.

Considering that i) reducing the number of suicides; and ii) promoting targeted interventions for the most vulnerable groups are among the priorities identified by the European Framework for Action on Mental Health and Wellbeing (2016)<sup>2</sup>:

1. Can the Commission confirm that this demographic pattern is also present in EU Member States, and if so, which ones?
2. Does the Commission know what targeted interventions are being used in an attempt to prevent suicide among middle-aged European men, and is the effectiveness of these interventions being measured?

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<sup>1</sup> <https://www.bcmj.org/articles/silent-epidemic-male-suicide>

<sup>2</sup>

[https://www.mentalhealthandwellbeing.eu/assets/docs/publications/Framework%20for%20action\\_19jan%20\(1\)-20160119192639.pdf](https://www.mentalhealthandwellbeing.eu/assets/docs/publications/Framework%20for%20action_19jan%20(1)-20160119192639.pdf)