



**Organised by the Policy Department A
Economic and Scientific Policies for the Health Working Group of the Committee on the
Environment, Public Health and Food Safety (ENVI) Working Group Health**

**Workshop
“Cardiovascular Diseases and Lifestyle”**

Tuesday, 09 October 2018 from 9:00 to 11:00, Altiero Spinelli Building, ASP3G2

European Parliament, Brussels

Chairs: Ms Soledad CABEZÓN RUIZ (MEP) and Mr Alojz PETERLE (MEP)

The workshop aims to inform the Members of the ENVI Committee and all participants on the relationship between cardiovascular diseases and related diseases and a number of lifestyle choices in the context of the European Union. The workshop will be divided into two parts: the first part of the workshop will cover the most up-to-date scientific, medical and socio-economic research assessing the effects of lifestyle choices on CVDs, as well as the evidence supporting the link between a number of different risk factors and disease and treatment outcomes. It will also provide insights on the presence and reasons for different health outcomes within and between EU countries, and what has been done to close the gap and reduce the overall burden of CVDs. The second part of the workshop will provide an outline of the current EU's policy and advocacy programme and activities landscape, highlighting the ones that are having the most significant impact on cardiovascular health outcomes.

AGENDA

9:00 – 9:10 Opening and welcome by the Chairs Ms Soledad CABEZÓN RUIZ (MEP) and Mr Alojz PETERLE (MEP)

Panel 1

9:10 – 9:20 **Presentation by Dr Rokas NAVICKAS**
Scientific Coordinator, CHRODIS Joint Action
The presentation will touch upon the impact of lifestyle factors on cardiovascular diseases.

9:20 – 9:30 **Presentation by Dr Steiner MADSEN**
Medical Director, Norwegian Medicines Agency
The presentation will focus on population groups at higher risk of developing cardiovascular diseases.

9:30 – 9:40 **Presentation by Professor David WOOD**
Professor of Cardiovascular Medicine, Imperial College London
The presentation will cover the role of changes in lifestyle in reducing the burden of clinical treatment.

9:40 – 10:00 Questions & Answers Session

Panel 2

10:00 – 10:10	<p>Presentation by Professor Arno HOES <i>Chair, Julius Center for Health Sciences and Primary Care, University Medical Center Utrecht; Co - Chairperson, 2016 European Guidelines on Cardiovascular Disease Prevention in Clinical Practice, European Society of Cardiology (ESC) Chairperson, Prevention Implementation Committee, European Association of Preventive Cardiology (EAPC), ESC</i></p> <p>The presentation will discuss the processes of discovering and dissemination of best practices in cardiovascular medicine.</p>
10:10 – 10:20	<p>Presentation by Ms Susanne LØGSTRUP <i>Director, European Heart Network (EHN)</i></p> <p>As the Director of the largest EU patient organisation for cardiovascular diseases, MS Løgstrup will discuss the role of the organisation, and its impact in supporting the implementation of EU policies and strategies for the prevention of CVDs.</p>
10:20 – 10:30	<p>Presentation by Professor Franco SASSI <i>Professor of International Health Policy and Economics, Imperial College London</i></p> <p>The presentation will provide an overview of the European policy context impacting cardiovascular health in the EU</p>
10:30 – 10:50	Questions & Answers Session

10:50 – 11:00	Closing remarks by the Chair
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