

## **Workshop: Cardiovascular Diseases and Lifestyle**

### **Panel 1**

#### **Rokas Navickas**

Dr. Rokas Navickas is a highly accomplished Physician and Organization Leader with international training and global experience that reflects achievements across healthcare, wellness sector, research and education of Cardiology initiatives.

Dr. Rokas Navickas is Scientific Coordinator and Executive Board member at the CHRODIS PLUS joint action, which includes a number of EU countries, aiming to reduce chronic diseases burden through identifying, defining and sharing good practices across different healthcare settings. Rokas Navickas is also a consultant cardiologist at the Vilnius University Hospital, a position he has held since 2010. Prior to that he was a specialty trainee at the King's College Hospital NHS Foundation Trust from 2008 and 2010, as well as a foundation trainee at the Oxford University Hospital NHS Trust. Navickas has also been a board member of Lithuanian Heart Association. In addition, he is a fellow at the European Society of Cardiology and a member of the Lithuanian Hypertension Association. R. Navickas received his MD from the Vilnius University Medical Faculty, including elective studies in cardiology at Oxford University. In 2016 he received a Ph.D. from Vilnius University. Currently improves his knowledge at the London School of Economics and Political Science (LSE) as Executive Master of Science – EMSc, Health Economics, Outcomes and Management in Cardiovascular diseases.

#### **Dr Steinar Madsen:**

Dr. Steinar Madsen (b. 1956) is medical director at the Norwegian Medicines Agency, a position he has held since 2000.

He graduated from medical school at the University of Oslo in 1981. He specialised in internal medicine and cardiology and works part time as a consultant in cardiology. Before joining the Norwegian Medicines Agency, he worked at University of Oslo, Baerum Hospital and the National Hospital in Oslo. He was member of the committee that prepared the first public Norwegian guidelines for the prevention of cardiovascular disease in 2009 and also the second edition in 2017. At the Norwegian Medicines Agency he is engaged in the medicines information service with a special interest in the cost-effective use of medicines, including generic and biosimilar drugs, with the aim of increasing access to treatment in the population.

#### **Professor David Allan Wood**

Clinical Professor of Cardiovascular Medicine, and Honorary Consultant Cardiologist  
National Heart and Lung Institute Imperial College London  
MB ChB, MSc, FRCP, FRCPE, FFPHM, FESC, FACC, FAHA

#### **Short Biography**

Professor Wood is a cardiologist committed to prevention of cardiovascular disease and holds joint academic appointments at Imperial College and the National University of Ireland-Galway. He has contributed to international policy and guidelines on cardiovascular disease (CVD) prevention through the World Health Organisation, World Heart Federation and the European Society of Cardiology. He was a founder and President of the European Association for Cardiovascular Prevention and Rehabilitation, a Board member of the European Society of Cardiology, where he served as Secretary/Treasurer,

and in 2014 he was elected as President-Elect of the World Heart Federation and is currently serving his term as President 2017-2018.

He is the principal investigator for the ASPIRE and EUROASPIRE studies across 27 European countries, evaluating standards of preventive cardiology practice in hospital and primary care. He led the EUROACTION and EUROACTION+ trials in preventive cardiology evaluating nurse-led models of preventive care in hospital and general practice across 8 European countries, and the principals of EUROACTION are now incorporated in the Imperial College NHS Cardiovascular Health programme for the NHS.

He is Course Director for the Imperial College Masters degree programme in Preventive Cardiology providing education and training for doctors, nurses and allied health professionals. He is Senior Editor of the European Society of Cardiology Textbook of Preventive Cardiology and also founded the European Journal of Cardiovascular Prevention and Rehabilitation (now European Journal of Preventive Cardiology) and served as the first Joint Editor in Chief.

He is married to Dr Catriona Jennings, a cardiovascular specialist nurse, and they have four adult children. He enjoys cooking for family and friends and also sailing, presently circumnavigating the UK in a Frances 26 sailing boat.

## **Panel 2**

### **Prof Arno W. Hoes, MD, PhD**

Arno W. Hoes studied Medicine at the Radboud University in Nijmegen and obtained his PhD degree at Erasmus University Rotterdam on a thesis on sudden cardiac death as a side effect of diuretics in hypertension. He was trained in Clinical Epidemiology at Erasmus Medical Center Rotterdam and the London School of Hygiene & Tropical Medicine.

In 1998 he was appointed professor of Clinical Epidemiology and General Practice at Utrecht University / University Medical Center (UMC) Utrecht. Since 2010, he has been the Chair/ Scientific & Medical Manager of the Julius Center for Health Sciences and Primary Care of the UMC Utrecht.

His main research topics include the prevention of cardiovascular disease and the early diagnosis and management of cardiovascular disease, with an emphasis on heart failure. His teaching activities include courses on clinical epidemiology, diagnostic research, clinical trials, case-control studies and cardiovascular disease and prevention. He has (co-) authored over 600 papers in peer-reviewed journals and more than 50 PhD students completed their PhD thesis under his supervision.

### **Ms Susanne Løgstrup:**

Susanne Løgstrup is Director of the European Heart Network (EHN), a Brussels-based alliance of foundations and associations dedicated to fighting heart disease and stroke and supporting patients throughout Europe. She has worked on policies relating to the promotion of cardiovascular health and the prevention of cardiovascular diseases since 1995.

Ms Løgstrup leads the development and implementation of EHN's strategy and advises the Board of current EU thinking, and policies and programmes that have an impact on the work of the EHN and its members. She has led several major pan-European projects, including the European Heart Health Strategy II (2011-2014), part-funded by the EU. In 2017, EHN was awarded a Framework Programme Agreement which provides EHN access to operating grants from the European Union for a four-year period (2018-2021).

Susanne Løgstrup represents EHN in the European Chronic Disease Alliance (ECDA), where she chaired the writing group on the Alliance's first paper 'A unified prevention approach'. Since 2016, she has been President of the Smoke Free Partnership (SFP). Ms Løgstrup represents EHN on the EC's Platform for Action on Diet, Physical Activity and Health; she was a member of the EC's TTIP Advisory Group where she represented health interests from 2013 to 2017 (when TTIP negotiations were suspended). Ms Løgstrup was also a member of the task force which produced the European Heart Health Charter (2007); this task force included representatives from the European Commission (EC) and the European Regional Office of the World Health Organisation (WHO).

Previously, Susanne Løgstrup was an Attorney-at-law in Copenhagen and Paris. Ms Løgstrup's academic background is in law and business administration, in which she holds master's degrees. She is a Fellow of the European Society of Cardiology (FESC).

### **Prof Franco Sassi**

Franco Sassi is Professor of International Health Policy and Economics and Director of the Centre for Health Economics & Policy Innovation at Imperial College Business School, formerly Head of the OECD's Public Health Programme. His work aims at assessing the impacts of public policies to tackle major chronic diseases and their predisposing risk factors, including poor nutrition, physical inactivity, alcohol and tobacco use, environmental, and social risks. He is the author and editor of a large number of economic publications, including the books "Obesity and the economics of prevention: Fit not fat" and "Tackling harmful alcohol use: Economics and public health policy".