WORKSHOP

OPEN SPACES AT EU INSTITUTIONS VERSUS TRADITIONAL WORK SPACES: JUSTIFICATION, EVOLUTION, EVALUATION AND RESULTS

DATE
29 October 2020

TIME
09:00-11:00

ROOM
European Parliament, Brussels, Virtual meeting

Committee on Budgetary Control

CHAIR:
MONIKA HOHLMEIER

RAPPORTEUR:
ISABEL GARCÍA MUÑOZ

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WORKSHOP PROGRAMME
WORKSHOP ON
Open spaces at EU institutions versus traditional work spaces: justification, evolution, evaluation and results

organized by the Policy Department on Budgetary Affairs for
the Committee on Budgetary Control

Thursday, 29 October 2020
09:00 - 11:00
European Parliament, Brussels
Virtual meeting

DRAFT WORKSHOP PROGRAMME

Opening remarks and Introduction

09:00-09:05
Ms Isabel GARCÍA MUÑOZ
Vice Chair of the Committee on Budgetary Control
Rapporteur, MEP S&D
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Presentations: architecture, design and occupational health

09:05-09:15
Dr Christina BODIN DANIELSSON,
Master of Architecture SAR/MSA, Associate Professor (Docent),
Architectural Design & Technology. KTH Royal Institute of Technology, Stockholm, Sweden
09:15-09:25  Dr Annu HAAPAKANGAS, Specialist Researcher PhD - Healthy Workspaces Unit, Finish Institute of Occupational Health, Helsinki, Finland

Questions and answers

09:25-09:45  Questions & answers

Presentations: other EU institutions

09:45-09:55  Jessica MARTINEZ ALONSO  
European Court of Justice - Member of Staff Committee, Luxembourg.

09:55-10:05  Jose CARRASCOSA MORENO  
European Court of Auditors - Principal Manager - Information, Workplace and Innovation, Luxembourg.

10:05-10:15  Marc BECQUET  
European Commission - Head of Service - OIB, Office for Infrastructure and Logistics, Brussels, Belgium.

* * *

Questions and answers

10:15-10:35  Questions & answers

General debate

10:35-10:55  General debate  
* * *

Conclusions and Closing remarks

10:55-11:00  Ms Isabel GARCÍA MUÑOZ, MEP,  
Vice Chair of the Committee on Budgetary Control Rapporteur, S&D  
* * *
BRIEFING
Open Plan Offices - The new ways of working
The advantages and disadvantages of open office space

KEY FINDINGS

Open office spaces are introduced for the following reason:
- Saving costs on real estate. Real estate expenses are the second largest costs for a company. By creating more workplaces in the same amount of square meters costs can be reduced on buildings and maintenance.
- Increase communication. If people are in closer proximity from one another and move around freely communication will increase.
- Improve team work. As teams are now sharing the same space knowledge sharing will increase both within the same team and across different teams.

The following arguments oppose the introduction of open office spaces:
- Loss of productivity. Employees are distracted faster because of noise or colleagues moving around. It takes on average 25 minutes to resume a task after distraction. In an open office space employees are distracted faster because of phone calls, people walking by or nearby conversations.
- Problems with noise, temperature and fatigue. As said before, noise is one of the main distractions in an open office space. Temperature is managed centrally and it could therefore be too cold of one person and too warm for another. Fatigue is a side effect from noise and temperature and the fact that people have a constant overload of information with the introduction of multiple screens like phone, tablets and computer.
- Increase of sickness. As employees are in closer proximity of one another diseases can spread faster. The spread of diseases raise the amount of sick days taken in a company.
- Decrease of overall well-being of employees. The main cause for the diminishing of well-being is the level of stress. The idea of being watched all the time increases the levels of stress in an open office space.

Open office spaces within the EU institutions:
- The European Commission has open office spaces and is planning to introduce more open office spaces in the future.
- The European Court of Auditors started a pilot project for open office spaces for external and security staff. There are no further plans for the creation of open office spaces.
- European Court of Justice has dropped the idea of open office spaces after a survey from the staff committee among ECJ staff. Staff expressed their reservations to the introduction of open office space.
Introduction

New ways of working introduced a different approach to the use of office space. With the development of laptops, tablets and smartphones, the purpose of offices changed towards a fit the needs concept. This also means that employees can work from anywhere; for example working from home or a cafe. This concept is called telework. The creation of open office space, collaborative work space or activity-based work space were introduced as a result of the new ways of working. These spaces all have in common that they have an open-plan layout in which employees from different teams work together in a common room. There are different reason why open-plan work spaces are introduced. The main reasons are to improve internal communication, reduction of real-estate costs, promote creative thinking and innovation. Nevertheless, while introducing open office spaces employees encounter negative effects from working in one big common room. Examples of negative effects are loss of productivity, problems with noise, temperature and fatigue, increase of sickness and a decrease in overall well-being of the employee. This briefing will give an overview of both the pros and cons of open office spaces.

The concept of open office spaces has a long history. The idea of working in an open-plan space can be traced back to the early 1900s when the first open work space was created and resembled a factory floor. Until the 1960s open work places were designed for employees in jobs like clerks, secretaries and typists. From the 1960s on, companies in the United States (US) developed the idea of open spaces divided by cubicles. Cubicles were introduced as a way to cut in real estate costs as the prices in the big cities went up. While cubicles were common in the US, in Europe the use of L-shaped corner desks was very frequent with four to six people working together in a room.

With the introduction of the new ways of working open office spaces are back. Private offices in itself represent a hierarchical order in which every employee of the same team or conducting the same task sits in the same corridor. In open office spaces this is no longer the case because managers and their teams are sitting in the same room. It depends on the type of open space if the same team even sits together or are spread over the floor. Nowadays, many start-ups are reusing the concept of open office space. This is mainly because it reduces costs which is very attractive for start-ups as they are generally searching for funding resources. Start-ups are often located in cities like San Francisco (Silicon Valley) or New York where the prices for office space are high. Besides start-ups open office spaces are reused by a lot of tech companies who want to push for innovation. Currently open office spaces are prevailing in both the private and public sector, in various industries and in most job functions.
Definition of open office spaces.

Open office spaces can be defined as follows: space ‘where walls and partitions have been removed and have been replaced with other instruments such as cubicles, plants and furniture to give the sense of separating departments and teams physically’. There are different names used for open office space. For example, traditional open space, collaborative space, activity-based workplaces or activity-based flexible offices. They all have in common that the main workspace is constructed as an open-plan layout where people of different teams work together in one big space. One of the most commonly used open-plan designs is the activity based workspace also called an activity-based flexible office. It does not matter how it is called exactly because the concept is similar. There is an open-plan layout and employees do not have assigned seats. Besides the open-plan layout, these offices have multiple workspaces designed for specific activities. For example spaces for social meetings and activities, spaces for bigger meetings and spaces for tasks that require concentration. The philosophy is that employees will choose the workspace that best suits their current work. It is thereby understood that people change work places during the day. That employees do not have an assigned desk is called “hot desking” or “desk sharing”. By requiring employees to work in the same space and searching for a desk, the office enables for spontaneous encounters and more interaction.

Technology has made it possible for employees to work from different places. This is why the activity-based workspace became popular. It helps organisations to use the space as efficient as possible and keep up to

12 Ibid.
speed with the new ways of working\textsuperscript{14}. The development in the information technologies (IT) has contributed to working remotely. For some people working in a cafe, from home or any other preferred place contributes to their performance. Others prefer working in a quiet surrounding\textsuperscript{15}. An activity-based workplace provides in both needs. Nevertheless, working in and open-plan layout brings both advantages and disadvantages with it for the employer and employee.

The advantages of open office space

The arguments most often used to introduce open office spaces are cost reduction, increased communication and more teamwork. These arguments will be discussed one by one in the next part.

Cost reduction

For most companies the cost of office space is the second largest financial burden\textsuperscript{16}. Reduction of costs for real estate is therefore a major argument for open office spaces. Despite the costs of real estate, employers do not have to pay for walls and more employees fit in the same amount of square meters\textsuperscript{17}. It is even argued that increased collaboration would enhance productivity and therefore contribute to cost savings\textsuperscript{18}. Another reason why real estate costs could be cut, was the introduction of teleworking. Teleworking has as a result that the occupancy rate of employees within the office will go down. As employees work from remote work places, the office space could be used in a more flexible way\textsuperscript{19} for example by the introduction of quiet spaces, common spaces and relax spaces. Teleworking and open office spaces are therefore a good combination for employers to not provide working spaces for all the employees. As the idea of teleworking is that employees are not all at the same time in the office. This is not a given however as employees still decide by themselves if they want to work in the office or from a remote place. The employer needs to provide work spaces for all employees if they want to work from the office. There is of course another cost that is introduced by the new ways of working and that is the costs of equipment. To be able to work remotely employees need laptops, tablets and smart phones. Nevertheless, these costs will most probably be lower than the costs of real estate.

Increased communication

Open office space provides the opportunity to move around freely and therefore interact more with the people around. This enables creativity and increases internal communication\textsuperscript{20}. Networking contributes to improving ‘employee morale, increase productivity, and result in innovation’\textsuperscript{21}. A well designed open office space is often considered as the driving force for innovation and productivity because of better communication and knowledge sharing\textsuperscript{22}. The Corporate Partner Program found that open office spaces ‘had twice

\begin{footnotes}
\item[18] Forastieri, Valentina. Technical note prepared by SAFEWORK concerning open-plan offices. SAFEWORK ILO Staff Union. 24.08.2012.
\item[20] Forastieri, Valentina. Technical note prepared by SAFEWORK concerning open-plan offices. SAFEWORK ILO Staff Union. 24.08.2012.
\item[22] Walsh, John. « Designing Work: Collaboration Versus Concentration in Open Plan Workspaces? » Level 3 (Dublin Institute of Technology) 12, n°1 (March 2015).
\end{footnotes}
the number of interacting employees than cellular workspaces". These interactions can also happen by chance as employees move around the open office space. This can lead to unexpected collaboration.

**Team work**

As more employees are seated in the same space, interaction is easier. This is both the case with employees of the same team but also for interaction across teams. Research found that "employees sitting within 30 meters of each other, within walking distance, shared significantly more knowledge at their workplaces than employees farther away". As employees are closer to one another and communicate more in the open office space, they tend to establish friendships at work which in turn contributes to the overall feeling of well-being at the workplace. While moving around employees also meet colleagues from different teams and this makes cross-team interaction more feasible and easier. Also by overhearing other colleagues talk colleagues can intervene easier in the conversation and share their interest and experiences. With the introduction of activity-based workspaces, employees can choose what kind of space they need to perform their current task. Therefore, they can switch between interaction but also avoid interruptions. Hence, employees can decide for themselves how much interaction they need and want. This in theory will improve productivity as the employees have the opportunity to choose the right environment for their current work.

**The disadvantages of open office space**

Despite the arguments in favour of open office spaces there are also arguments against the use of it. The following are arguments most often used against open space offices: loss of productivity, problems with noise, temperature or fatigue, increase of sickness and decrease of overall well-being of employees. Below all the arguments against open office space will be discussed.

**Loss of productivity**

The loss of productivity is the result of the other arguments against the use of open office spaces. Employees struggle to concentrate on their tasks because of noise, decrease of overall well-being and lack of privacy. This is a contradiction to the argument that open office spaces would contribute to an increase in productivity. There is the general idea that the proximity of other team members would provide for more communication and knowledge sharing. Theoretically, this makes sense as employees see their colleagues physically. In practice, people tend to create privacy even in an open-plan layout. As Ethan Bernstein and Ben Waber found in their study that employees in an open office space construct the so called ‘fourth wall’. This means that even if there are no physical walls around them they will create them by using headphones or staring intensely at their screen. As a result their colleagues will respect this ‘fourth wall’ and communication will go down. Their research showed that in some companies physical interactions went down by...
almost 70 percent. The physical interaction was replaced by electronic interaction, mostly through email.

The research of Edward G. Brown shows that office workers at all levels lose three to five hours of productive time every day due to unwanted, unneeded and unproductive interruptions. Other research shows that employees are distracted every three minutes by either electronic or face-to-face distractions. It takes about 25 minutes on average to concentrate on a task again after an interruption. It is therefore difficult to focus on an assignment which needs a high level of concentration in an open office space. Loss of productivity is a hidden cost for companies which can run into billions.

Noise, temperature and fatigue

Noise is one of the main distractions in an open office space. Noise is caused by phones ringing and nearby conversations or other people moving around. It is difficult for employees to focus on their tasks when an activity is going on nearby. Morrison and Macky argue that ‘there are consistent findings that distraction caused by overhearing irrelevant conversations is a major issue in open plan office environments and further, that distraction is negatively linked with employee performance, negative perceptions of the workplace, and/or stress’. Constant noise and low levels of privacy have a negative influence on brain activity and concentration. This shows that noise has a big influence on the work environment of employees. Women are more affected by noise disturbance than their male counterparts. Laboratory studies have shown that noise negatively impact motivation and cognitive performance which could lead to fatigue.

Another common problem in open-plan layout is temperature. A comfortable temperature is for every person different. Some employees like to work in a cold office where others prefer to work in a warmer surrounding. This is very difficult to manage in an open office space where temperature is regulated for the whole area. Not only the temperature is a problem in an open office space, also air quality can cause problems for employees.

Both the problems of noise and temperature leads to the problem of fatigue. The introduction of multiple screens (computer, tablet or phone) has led to an overload of information on a day-to-day basis. Many people are feeling overwhelmed by the constant float of information. All the information needs to be processed and this leads to a reduction in productivity and the feeling of fatigue. Employees also have the feeling that they need to be “on” all the time and be aware of everything new that happens. This feeling increases in an open office space as employees have the feeling they are constantly being watched by others. As a result employees are leaving the office late, as they do not want to be the first to leave, and arrive early in the morning as they do not want to seen as coming late.

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34 Gan, Kenneth, "Personal Space and Privacy in Open Offices" (2019). Creative Components. 140 slides.
36 Forastieri, Valentina. Technical note prepared by SAFEWORK concerning open-plan offices. SAFEWORK ILO Staff Union. 24.08.2012.
39 Morrison, Rachel, and Keith Macky. « The demands and resources arising from shared office spaces ». Applied Ergonomics 60 (September 2016), P104.
40 Forastieri, Valentina. Technical note prepared by SAFEWORK concerning open-plan offices. SAFEWORK ILO Staff Union. 24.08.2012.
41 Bodin Danielsson, Christina, and Töres Theorell. « Office Employees’ Perception of Workspace Contribution: A Gender and Office Design Perspective ». Environment and Behavior, 4 April 2018.
Increase of sickness

In an open office space more employees are working together in the same amount of square meters. The spread of diseases is easier in a space where people are in closer proximity of one another. The spread of diseases also increases because of more face-to-face interactions. The Corporate Partner Program stated the following:

Researchers from the National Research Centre for Working Environment in Denmark found that taking sick days was significantly related to sharing an office. Their study of 2,403 employees found that workers who had an open plan office, with greater than 6 people, had 62% more sick days than workers who had cellular office.

Short sick leave, one week or less, is higher among employees in open office spaces. Sick leave does not necessarily concern colds or the flu but also the general well-being of employees.

The international crisis of Covid-19 urged employees to work from home as much as possible. It will probably also change the way of working in the offices. As said before diseases spread easier in open office spaces as more people are working in closer proximity of one another. Therefore, the outbreak of Covid-19 could potentially influence the use of open office spaces. The future will tell if Covid-19 meant the end of open office spaces or that open office spaces are being updated with the latest protection against diseases.

Employee overall well-being

One of the main indicators of overall well-being is the level of stress. Working in an open office space increases stress, the mental workload, poor performance, conflict, high blood pressure, lower job satisfaction and internal motivation and has as a result a high staff turnover. The dissatisfaction of working in an open office space has a direct influence on the psychological and physical well-being of employees. The lack of privacy contributes to the feeling of stress. Decreased privacy also adds to feelings of crowding and territoriality which in turn leads to coping strategies. For example: withdrawal, decreased cooperation or making it unpleasant to work together and avoid communication. Employees want to signal to their colleagues that they are busy so they look intently at their work. Other colleagues do not want to disturb so a norm is created. These norms form even quicker in an open office space as colleagues see each other the whole time.

Another problem that adds to a decrease in overall well-being is the loss of personalisation. With the introduction of hot-desking (nobody has their own assigned desk) employees are not allowed to decorate their workspace or leave papers on their desk. Decorating the workspace increases the feeling of identity, positive emotions, reduces stress and give a feeling of control at work. Lack of personalisation of the workspace does not only reduces the identity of one self but likewise a lack of team identification. It was even found that productivity went down 15 percent by not being allowed to personalising one's desk. The explanation

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52 Morrison, Rachel, and Keith Macky. « The demands and resources arising from shared office spaces ». Applied Ergonomics 60 (September 2016).
54 Morrison, Rachel, and Keith Macky. « The demands and resources arising from shared office spaces ». Applied Ergonomics 60 (September 2016).
for this is that employees do not feel comfortable in their surrounding\textsuperscript{56}. Hot desking also causes problems with colleagues. With the hot desking concept nobody has an assigned desk nevertheless, employees choose a preferred desk and stayed to that one and their colleagues knew which desk this was\textsuperscript{57}. This behaviour can lead to negative relationships, distrust and a worsening in co-worker relationships\textsuperscript{58}.

This shows that the overall well-being of employees is affected by working in an open office space. It should be kept in mind though that different factors influence the adaptability of employees. For example age, sociability and seniority are factors that affect how well employees cope with change. Another factor is if employees moved from a private office to an open office space as they often experience it as ‘a loss of status and benefits’\textsuperscript{59}.

**Open office spaces in the EU Institutions**

Below you will find an overview of the open office spaces in different EU institutions. Table one shows the total amount of open office spaces in Brussels and Luxembourg and the number of square meters necessary for different type of offices.

Table 1 Number of open office spaces per institution

<table>
<thead>
<tr>
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<th>EC (Brussels)</th>
<th>ECA</th>
<th>ECJ</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of open office spaces</td>
<td>477</td>
<td>24 as part of the pilot project</td>
<td>0</td>
</tr>
<tr>
<td>Number of people per Square meter</td>
<td>Individual office: 10 sqm</td>
<td>As ECA does not have open space besides the pilot project so most offices are occupied by one or two people</td>
<td>The ECJ has dropped the plans for open office space after a survey among staff</td>
</tr>
<tr>
<td></td>
<td>Shared office (between 2 to 4 people): 8 sqm</td>
<td></td>
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<tr>
<td></td>
<td>Collaborative spaces (as of 5 people): 7 sqm</td>
<td></td>
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</tbody>
</table>

Source: questions raised by email to the different institutions.

**The European Commission**

The main reasons for the European Commission (EC) to introduce open office spaces or collaborative spaces are to ‘become a more agile, flexible and modern service able to respond quickly to changing needs and priorities’\textsuperscript{60}. By using different types of workspaces they could also respond for example to the creation of temporary task forces or intensification of cross-DGs collaboration. It also contributes to optimising the work space and to renew and improve the working environment. Open office spaces also contribute to cope with the Commission’s budgetary constraints of office spaces’ reduction\textsuperscript{61}.

In 2019, the EC has created a document on the development of the workplace: “Communication to the Commission: The workplace of the future in the European Commission”. An important concept for the EC is that there is no one-size fits-all for working, offices and technology. The EC wants an approach that fits the task

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\textsuperscript{56} Forastieri, Valentina. *Technical note prepared by SAFEWORK concerning open-plan offices*. SAFEWORK ILO Staff Union. 24.08.2012.


\textsuperscript{58} Morrison, Rachel, and Keith Macky. « The demands and resources arising from shared office spaces ». *Applied Ergonomics* 60 (September 2016).


\textsuperscript{60} Email exchange with the European Commission.

\textsuperscript{61} Email exchange with the European Commission.
an employee is working on. The workspace should be made suitable to fit the norm of team-based collaborative working and knowledge-sharing. The open office spaces (the EC calls them collaborative spaces) should include areas for work that needs a high level of concentration and for work that needs to be performed in a team. Hot-desking (or desk sharing) should also be considered for those offices that have a low occupation rate. A low occupation rate is seen as the average presence of staff is lower than two-thirds of employees in the office. As the layout of the offices will be based on building blocks they can vary in the numbers of certain types of workspaces such as quiet spaces, social areas or a mix of those. ‘The configuration of workspace should always be informed by a proper needs assessment and a consideration of the cost-effective options available’62. The staff that will be affected by the changes should be included in the process of implementation. Team leaders and managers should give an example by using the same kind of workspaces as their staff.

The EC has created 477 open office spaces (zones) in Brussels since 2013 (see table 1). As open office spaces need less square meters per staff member than private offices they result in savings costs which the EC wants to invest in ‘physical, digital and well-being aspects of future workspace’63.

The European Court of Auditors

The European Court of Auditors (ECA) has a general rule that all staff should occupy a single or shared office with two people. ECA has offices for more than two people for external consultants in IT and security staff. A pilot project started for open office spaces for corporate communication teams and the Legal Service in 2016. During the pilot the idea of kitchen corners, small discussions rooms, etc. was tested. Some of the elements of the pilot project were applied in the renewal of the K2 building although the main strategy of single or double occupancy office remained the rule. Therefore, no significant cost reductions were made for ECA as there are no open office spaces in place apart from the pilot project. The pilot project was introduced as a means of trying out new working habits instead of cost reduction.

The distribution of the ECA offices are as follows:
- 723 offices are occupied by one person (69% of the employees)
- 97 offices are occupied by 2 employees
- 88% of staff are working in individual offices or shared office with two people
- 24 offices (131 employees, most of them are external staff and security staff) are occupied by more than two people (the largest being 14 workplaces). Regarding the security staff the occupation is not continuous as the teams are working in shifts, night and week-ends included. Not all external staff is working daily either. 64.

The European Court of Justice

The European Court of Justice (ECJ) decided to not introduce open office spaces after a survey was conducted among their staff which was reluctant for the introduction of open office spaces. The survey65 executed by the staff committee of ECJ came to the following conclusions:
- 68% prefer a private office instead of an open office space
- 61% find working in an open office space annoying and 7% find it unbearable
- 40% of the respondents said they would not mind sharing an office with no more than four people

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63 Communication to the Commission, 2019.
64 Email exchange with the European Court of Auditors.
87% have problems with concentration while working in an open office space\(^1\)

This survey shows that employees prefer a working environment where they can concentrate on their work and are not distracted by noise and other colleagues.

**Conclusion**

The concept of open office spaces is a topic of discussion. While it could contribute to the reduction of costs, improve team work and communication it affects employees overall well-being and productivity. The future of open office space is unsure with the outbreak of Covid-19, as diseases spread faster in an open office space where people are closer to one another. Some researchers suggest that open office space will continue for those companies that need a high level of team work and to save costs in the long term\(^2\). The use of open office space should be based on the common goal of the company and they should communicate these goals to their employees. The best way to let employees adjust better to an open office space is to include them in the designing process. This will make the goals of the new work environment clear and helps them to create the best working space for them. In the end this could help to avoid the pitfalls of open office spaces.

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\(^1\) Comité du personnel open space - Rapport Résultats du Sondage, 2017.

\(^2\) Forastieri, Valentina. Technical note prepared by SAFEWORK concerning open-plan offices. SAFEWORK ILO Staff Union. 24.08.2012.
BIOGRAPHIES OF SPEAKERS
Dr Christina BODIN DANIELSSON,
Master of Architecture MSA/SAR
Associate Professor in Architecture (human-environment interaction)

Current position - employment:
Research Associate professor (docent) in Architecture. Researcher/teacher (part time 20-100%, varies)
Period: 2014-11-23–
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Architectural Design and Technology, School of Architecture, KTH
Tel.: +46(0)8-790 85 41, E-mail: christina.bodin.danielsson@arch.kth.se
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E-mail: christina.bodin.danielsson@brunnbergoforshed.se
Full-time research leave: 2012-09-01 until 2015-08-31

Previous employments (research and architectural practise):
- Post doc at the Stress Research Institute, Stockholm University, 2012-2014
- Researcher and guest teacher, School of Architecture, KTH, 2010-2011

Research visits:
- Cornell University, USA. Visiting Prof. G. Evans, Dept. Design & Env. Analysis, Febr.–mid-May, 2015
- Melbourne Business School, University of Melbourne, Australia, Dec-March, 2012/13
- Centre of Org. Behaviour, School of Psychology, Univ. of Queensland, Australia, Dec.-Feb, 2011/12
- Dept. of Arch. Techn., Cape Peninsula Univ. of Technology, South Africa, Nov.-Jan. 2009/10
- College of Design, Arizona State University, USA Nov.-Jan. 2005/06
Educational qualification:

- Associate professor in Architecture (docent, KTH, 2017)
- Doctoral of Philosophy in Architecture, KTH, 2010. Title: The Office - An Explorative Study of
- Master of Architecture, Dept. of Architecture, LTH, Lund University, 1997
- Interior design and furniture design, HKU University of Arts, Utrecht, Netherlands (1994/95)
Dr Annu HAAPAKANGAS, Specialist Researcher, Healthy Workspaces, Finnish Institute of Occupational Health

Short biography for Dr Annu Haapakangas /Workshop on 'Open spaces at EU institutions versus traditional work spaces: justification, evolution, evaluation and results' 29 October 2020

Dr Annu Haapakangas is a Specialist Researcher who works in Healthy Workspaces unit at the Finnish Institute of Occupational Health, Helsinki. With a background in cognitive psychology and occupational health psychology, she specializes in the effects of office environments on human perceptions, well-being, and productivity. Her expertise also includes the effects of office noise on workers and related room acoustic solutions. She has been involved in interdisciplinary research on the impacts of open office designs since 2007.
Jessica MARTINEZ ALONSO,
European Court of Justice - Member of Staff Committee

I grew up in Liège, first generation born in Belgium from a Spanish family, the typical they fled the country and the dictatorship to stay alive. I started my career in the institutions in 2007, at the Commission, at the Spain Geographical Unit within DG REGIO. Where I remained until 2013, occupying various positions: in the training team, human resources, and finally in the Planning and CAD unit. I then held a position in the European Parliament, in the travel expenses reimbursement unit, before arriving at the Court of Justice, in the IT department, in 2015.

I am currently a member of the Staff Committee, a member of health and safety joint committee and secretary in the Portfolio Planning and Resource Management unit.

I am Spanish but born in Belgium, I grew up with the idea that Europe is our chance for a better future.

Originally, from Liège, Belgium, I have lived in Arlon since 2015 because I got closer to my workplace in Luxembourg.

My favorite hobbies are taking care of my dog, a 5-year-old boxer, video games and relaxing time with friends.

My goal for the future is to find the motivation to exercise regularly and finish my Christmas shopping list before December 24th.

When I arrived at the court of Justice, all my directorate was in open space offices. Since then, we went back to normal offices and I am delighted to share this experience with you.
José María CARRASCOSA MORENO,
Principal Manager, Directorate of ‘Information, Workplace and Innovation’ of the European Court of Auditors

Education:
1991 Diploma in Computer Science – Faculty of Informatics, Universidad Politécnica de Madrid, Spain
1992 Masters degree in Computer Based Modelling and Simulation, University of Sunderland, United Kingdom

Professional experience:
1994 – 1995 IT Consultant at Coritel, a Spanish ICT firm
1995 – 2000 IT Project Manager at Helvetia Insurance in Spain
2000 – 2010 European Commission Official at DG DIGIT in Luxembourg
2010 – 2020 European Court of Auditors Head of Unit / Principal Manager in Luxembourg

Mr Carrascosa is a Principal Manager within the Directorate of ‘Information, Workplace and Innovation’ of the European Court of Auditors. His responsibilities cover the management of the Court IT and physical infrastructures. His current duties are:

• Manage the IT Operations team in charge of the Data Centre, the Network and the IT Security infrastructures of the Court, ensuring the business continuity of ECA IT services.
• Lead the team in charge of building construction projects and facilities management.
• Elaborate and implement the Court IT Strategy.
• Provide advice to the Secretary General in technological and workplace matters
• Lead the adoption of the new technological platform of the Court, increasing the efficiency of ECA IT services and fostering smooth innovations of its digital and physical workplace.

Mr Carrascosa strongly believes that an improved workplace, encompassing innovative IT tools, modern building facilities and improved working arrangements are crucial elements for first-class organizations like the European Institutions.
Marc BECQUET,
European Commission - Head of Service - OIB, Office for Infrastructure and Logistics

Academic Qualifications:
- Civil Engineer in Electrical Engineering and Mechanical Engineering (MSc) - Ecole Polytechnique, Université Libre de Bruxelles, 1983
- PhD in Applied Science - Ecole Polytechnique, Université Libre de Bruxelles, 1987

Professional experience:
- From May 2020 until now. DG: OIB (Office for Infrastructure and Logistics Brussels)
  Job title: Director of the Office / Head of Service.
- From November 2016 until April 2020. DG: OIL (Office for Infrastructure and Logistics Luxembourg). Job title: Director of the Office / Head of Service.
- From January 2016 until end October 2016. DG/Unit: HR.D.2. Job title: Head of Unit
  Functions and duties: Manage the Unit Working Environment & Safety.
- From April 2015 until end December 2015. DG/Unit: HR.DS. Job title: Director ad interim
  Functions and duties: Manage the Security Directorate.
- From May 2010 until end March 2015. DG/Unit: HR.D.2 (before 1st Jan 2016, HR DS.06)
  Job title: Head of Unit. Functions and duties: Manage the Unit Health and Safety Policy.
- From: January 2009 until end April 2010. DG/Unit: HR DS/ADV01. Job title: Advisor to the Director of DS (seconded from JRC)
- From: November 2004 until end December 2007. DG/Unit: JRC/02. Job title: Head of Unit, Operational Security and Safety of Scientific Infrastructures of the JRC.
- From: March 1998 until end August 2002. DG/Unit: JRC. Job title: Assistant to the Director General
- From: July 1993 until end February 1998. DG/Unit: JRC-Institute for Advanced Material (today Institute for Energy, IE), Petten, the Netherlands. Job title: Head of Sector. In charge of Competitive activities and PR.
PRESENTATIONS
Presentation by Dr Christina BODIN DANIELESSON
“Architecture & Office design”

ARCHITECTURE & OFFICE DESIGN
- ITS IMPACT ON EMPLOYEES & ORGANIZATIONS

Dr Christina Bodin Danielsson/ Associate professor in Architecture, Master of Architecture SAR/MSA

ABOUT ME

- Dr Christina Bodin Danielsson,
  Master of Architecture MSA/SAR
  Associate Professor in Architecture (human-environment interaction)

- Research area:
  Office Design’s influence on the individual & organization
  (at an individual and group level)

- Interdisciplinary research area:
  Starting point - Architecture
  But it expands into areas like:
  - Organization & management theory
  - Environmental psychology
  - Occupational health
  - Stress & social medicine
MY PUBLICATIONS – POPULAR SCIENCE & SCIENTIFIC PUBLICATIONS

BOOKS & BOOK CHAPTERS
- Book – “What is a good office? Different perspectives on the most common workplace in Sweden (the Western World)
- Book chapters in the antologies –
  1 – “Product experience”
  2 – Le Confort au travail” (French book)
  3 – The Office – an exploratory study on office design’s impact
  4 – Lean in working life – lean offices
  5 – Organizational behavior & the physical environment
  6 – The Effects of Environment on Product Design & Evaluation

SCIENTIFIC ARTICLES (in peer-review journals)
- 27 scientific articles in the interdisciplinary field of human-environment interaction with a focus on office environments
- Example of subject investigated:
  “Pleasingness” “Environmental satisfaction” “Workplace conflicts” “Employee Branding”
  “Job Satisfaction” “Leadership” “Sick leaves” “Emotional health” “Preference” “Identification”

OVERVIEW OF PRESENTATION
- History of the office & different architectural designs
- Identified office type in contemporary office design
- What does the research say?
  Presentation of some of my office research
- Conclusions:
  How to have a “good” office work environment according to research

Dr Christina Bodin Danielsson/ Associate professor in Architecture, Master of Architecture, SAR/MSA

ARCHITECTURE & OFFICE DESIGN

ARCHITECTURE & OFFICE DESIGN
HISTORY OF THE OFFICE & DIFFERENT ARCHITECTURAL DESIGNS

- Late 19th century – The Office concept – Industrialism:
  - Administration in relation to production at local manufacturers (Pic. 1 & 2 – Cell office & shared room office)
  - A growth of administration, need for bank service & insurances

- 1920-40s:
  - Urbanism = a need for administrative workforce in growing cities
  - Women enter the labour market
  - Open plan offices – open plan office surveillance = Scientific management (FredrickTaylor) (Pic. 3 & 4)

- 1950-60s:
  - Bürolandschaft (the democratic open plan office)
  - Managers and employees in the same office workspace (Pic. 5)

ARCHITECTURE & OFFICE DESIGN

HISTORY OF THE OFFICE & DIFFERENT ARCHITECTURAL DESIGNS

- 1960-70s: Democratisation movement - Employee legislation
  - Employee position strengthens – Co-Determination Act (Scandinavia)
  - Breakthrough of cell office for employees at all job ranks
  - Room size reflects status/ job rank (Pic. 6 & 7)

- 1980-90s: “Yuppie-era” Media/ IT & flexibility
  - Introduction of activity-based flex office (A-FO) (Pic. 8)

- 1990-2000: Increased criticism of A-FO
  - E.g. personal workstation a “human need” = increased stress
  - As a reaction – traditional open plan office becomes popular

ARCHITECTURE & OFFICE DESIGN
HISTORY OF THE OFFICE & DIFFERENT ARCHITECTURAL DESIGNS

- 2000: The millenium & IT era (the "IT bubble")
  - 24/7 work
  - "Disneyfication" - employee branding by office design (e.g. Google*)
    (Pic. 9 – Google office, Stockholm, Sweden)

- 2000-16s: traditional open plan office & cell office
  - Choice of office type based on: line of business & labour market sector

- Year 2009 – comeback of activity-based flex office (A-FO)
  - Macquaire Bank, Sydney (Australia) (Pic. 10, 11)
  - Movement – due to digital revolution & focus on flexibility/cost m2
    (due to globalization)
  - AFO - inspires traditional open plan offices
  - Cell office still most common office type, followed by medium-sized open plan office (10-24 pers. room)

- Year 2020 – "Covid19 – office"?
  - Remote working & Infection-controlled office spaces

7 OFFICE TYPES IN CONTEMPORARY OFFICE DESIGN

- Defined by
  ARCHITECTURAL & FUNCTIONAL FEATURES *

  Individual & smaller, shared offices:
  1 – Cell office (personal office room)
  2 – Shared room office (2-3 per/room)

  Traditional open plan offices:
  3 – Small open plan office (4-9 per./room)
  4 – Medium-sized open plan office (10-24 per./room)
  5 – Large open plan office (>24 per./room)

  Activity-based & more flexible office types:
  6 – Flex office
  7 – Combi-office


THE OFFICE - An Explorative Study: Architectural Design's Impact on Health, Job Satisfaction & Well-being
**DISTRIBUTION OF OFFICE TYPES WITHIN ORGANIZATIONS**

(E.g., Study on Health & Job Satisfaction)

<table>
<thead>
<tr>
<th>Company / Site</th>
<th>Larger Office (100+ employees)</th>
<th>Line of business</th>
<th>Cell/Office (12)</th>
<th>Interior Open-plan Office (5%)</th>
<th>Interior Open-plan Office (10%)</th>
<th>Executive Office (20%</th>
<th>Large Open-plan Office (30%)</th>
<th>Executive Suite (15%)</th>
<th>Signature Suite (10%)</th>
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<tbody>
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<td>Malta, IT</td>
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<td>Malta, IT</td>
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<td>Company 4</td>
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<td>Company 5</td>
<td>Malta, IT</td>
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<td>Company 6</td>
<td>Malta, IT</td>
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<td>Company 7</td>
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<tr>
<td>Company 9</td>
<td>Malta, IT</td>
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</tr>
</tbody>
</table>

**WHAT DOES RESEARCH SAY? PRESENTATION OF SOME OF MY RESEARCH**

**OFFICE DESIGN’S IMPACT ON EMPLOYEES**

- **STUDY 1:** Health status & Job Satisfaction
- **STUDY 2:** Perception of Leadership
- **STUDY 3:** Satisfaction with Workspace Contribution (Job Satisfaction, “Comfort”, Performance)

- Investigates office type’s per se influence for this
- Doing so, we controlled for background factors in the analysis (age, education, sex, job rank, labour mark, sector, line of business)
STUDY 1: OFFICE TYPE’S INFLUENCE ON HEALTH STATUS & JOB SATISFACTION

BASED ON:

- Data collected 2003 in 26 different offices from 24 different organizations (4 offices from different divisions within the same company)
- Sample: 485 persons working in 7 identified office types
- Sample from the larger Stockholm area (inner city offices, suburban offices)
- Organizations worked in four line of business:
  1) Business administration/management
  2) Media/IT,
  3) Personal & economic guidance
  4) Technical professions

RESULTS

Table 3. Health outcomes among 469 office workers. Percentage of subjects with specified outcomes in each office-type and Ols regression with 95% confidence intervals in brackets, with office-type as reference category, and after adjustment with age, gender, job rank and market division in a multivariate logistic regression analysis.

| Outcome HEALTH   | Cell-office (n=131) | Shared-room n=26 | Small open-plan office n=43 | Med. open-plan office n=56 | Large Open-plan n=75 | Act. based fire-office n=61 | Act. based combined-office n=67 | TOTAL n=469 | P-value for Office-type
|-------------------|---------------------|------------------|-----------------------------|---------------------------|----------------------|-----------------------------|-------------------------------|------------|------------------------
| Sick leave        |                     |                  |                             |                           |                      |                             |                               |            | Univariate 0.008
|                   | Any sick leave      | 1.0 (0.29-6.34)  | 1.1 (0.22-6.22)             | 1.0 (0.24-6.24)           | 0.9 (0.24-6.24)     | 1.2 (0.24-6.24)             | 1.2 (0.24-6.24)               | 1.0 (0.24-6.24) | Multivariate 0.02
|       [1] week/year |                    |                  |                             |                           |                      |                             |                               |            | Univariate 0.44
|                   |                     |                  |                             |                           |                      |                             |                               |            | Multivariate 0.54
| Overall health    | 32%                 | 26%              | 22%                         | 20%                       | 20%                  | 20%                         | 20%                           | 20%        | Univariate 0.049
| Low very good     | 1.2                 | 1.1              | 1.2                         | 1.2                       | 1.2                  | 1.2                         | 1.2                           | 1.2        | Multivariate 0.005
| Physical health   | 8%                  | 12%              | 22%                         | 20%                       | 20%                  | 20%                         | 20%                           | 20%        | Univariate 0.07
| Psych problems    | 1.0                 | 1.1              | 2.3                         | 2.3                       | 2.3                  | 1.0                         | 1.0                           | 1.0        | Multivariate 0.44

1. Test of the hypothesis that differences between office types, the P-values is without consideration of covariates, this section is with age, gender, job rank and market division in a multivariate analysis, all 95% confidence intervals are included.
STUDY 1: OFFICE TYPE’S INFLUENCE ON HEALTH STATUS & JOB SATISFACTION

RESULTS

Table 4. Emotional Health and Quality of Sleep Among 469 Office workers

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Cell-office n=121</th>
<th>Shared-room n=26</th>
<th>Small open-plan n=43</th>
<th>Medium open-plan n=56</th>
<th>Large open-plan n=75</th>
<th>Act. based flex-office n=81</th>
<th>Act. based comb-office n=57</th>
<th>TOTAL n=469</th>
<th>P-value for Office type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emotional Health</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ESS-6: Efficiency</td>
<td>15%</td>
<td>16%</td>
<td>37%</td>
<td>34%</td>
<td>23%</td>
<td>24%</td>
<td>23%</td>
<td>23%</td>
<td>0.006</td>
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<tr>
<td>(3.13)</td>
<td>(3.21)</td>
<td>(3.74)</td>
<td>(3.11)</td>
<td>(3.86)</td>
<td>(3.36)</td>
<td>(3.92)</td>
<td>(3.92)</td>
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<td>Multivariate 0.002</td>
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<tr>
<td>Accuracy</td>
<td>21%</td>
<td>23%</td>
<td>37%</td>
<td>22%</td>
<td>23%</td>
<td>19%</td>
<td>20%</td>
<td>20%</td>
<td>0.043</td>
</tr>
<tr>
<td>(3.19)</td>
<td>(3.23)</td>
<td>(3.40)</td>
<td>(3.82)</td>
<td>(3.74)</td>
<td>(3.80)</td>
<td>(4.60)</td>
<td>(4.60)</td>
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<td>Multivariate 0.044</td>
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<tr>
<td>Calm &amp; Harmony</td>
<td>45%</td>
<td>54%</td>
<td>58%</td>
<td>64%</td>
<td>51%</td>
<td>40%</td>
<td>56%</td>
<td>50%</td>
<td>0.018</td>
</tr>
<tr>
<td>(3.70)</td>
<td>(3.56)</td>
<td>(3.52)</td>
<td>(3.76)</td>
<td>(3.74)</td>
<td>(3.71)</td>
<td>(3.69)</td>
<td>(3.74)</td>
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<tr>
<td>Energy</td>
<td>50%</td>
<td>60%</td>
<td>60%</td>
<td>60%</td>
<td>60%</td>
<td>70%</td>
<td>64%</td>
<td>64%</td>
<td>0.018</td>
</tr>
<tr>
<td>(3.80)</td>
<td>(3.80)</td>
<td>(3.60)</td>
<td>(3.60)</td>
<td>(3.60)</td>
<td>(3.60)</td>
<td>(3.56)</td>
<td>(3.60)</td>
<td></td>
<td>Multivariate 0.022</td>
</tr>
<tr>
<td>Sleep-quality</td>
<td>19%</td>
<td>31%</td>
<td>35%</td>
<td>39%</td>
<td>31%</td>
<td>28%</td>
<td>26%</td>
<td>26%</td>
<td>0.018</td>
</tr>
<tr>
<td>(3.10)</td>
<td>(3.38)</td>
<td>(3.34)</td>
<td>(3.40)</td>
<td>(3.40)</td>
<td>(3.44)</td>
<td>(3.40)</td>
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<td>Multivariate 0.052</td>
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<tr>
<td>MROC</td>
<td>20%</td>
<td>31%</td>
<td>17%</td>
<td>20%</td>
<td>30%</td>
<td>30%</td>
<td>37%</td>
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</tr>
<tr>
<td>MROC</td>
<td>1.1</td>
<td>1.1</td>
<td>1.3</td>
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<tr>
<td>(0.50)</td>
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<td>(0.50)</td>
<td>(0.50)</td>
<td></td>
<td>Multivariate 0.259</td>
</tr>
</tbody>
</table>

Note: The table shows the percentage of subjects with self-reported outcomes in each office type and total sample (N=469), with 95% confidence intervals (CIs) in parenthesis. Cell-office was used as reference category, and ODDS were calculated in a multi-variant logistic regression analysis, after adjustment for age, gender, job rank, and time of business. Statistical significances are marked with underlined bold text. * = Test of the hypothesis of no difference between office types. The first value is after adjustment for age, gender, job rank, and time of business. P-value 0.05 is marked in bold. Negative outcome refers to aspects of emotional health during the previous 4 weeks.

STUDY 1: OFFICE TYPE’S INFLUENCE ON HEALTH STATUS & JOB SATISFACTION

RESULTS

Table 5. Psychosocial Work Environment and Opinion about Work Among 469 Office workers

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Cell-office n=121</th>
<th>Shared-room n=26</th>
<th>Small open-plan n=43</th>
<th>Medium open-plan n=56</th>
<th>Large open-plan n=75</th>
<th>Act. based flex-office n=81</th>
<th>Act. based comb-office n=57</th>
<th>TOTAL n=469</th>
<th>P-value for Office type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychosocial Work Environment:</td>
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<td></td>
<td></td>
<td></td>
<td></td>
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<td></td>
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<tr>
<td>Work demands</td>
<td>23%</td>
<td>27%</td>
<td>26%</td>
<td>28%</td>
<td>27%</td>
<td>32%</td>
<td>32%</td>
<td>27%</td>
<td>Ubivariate 0.83</td>
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<tr>
<td>(0.50)</td>
<td>(0.51)</td>
<td>(0.53)</td>
<td>(0.51)</td>
<td>(0.50)</td>
<td>(0.50)</td>
<td>(0.50)</td>
<td>(0.50)</td>
<td></td>
<td>Nurtative 0.99</td>
</tr>
<tr>
<td>Leadership</td>
<td>22%</td>
<td>19%</td>
<td>45%</td>
<td>34%</td>
<td>38%</td>
<td>30%</td>
<td>47%</td>
<td>33%</td>
<td>Ubivariate 0.802</td>
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<tr>
<td>(0.51)</td>
<td>(0.50)</td>
<td>(0.50)</td>
<td>(0.50)</td>
<td>(0.50)</td>
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<td>(0.50)</td>
<td>(0.50)</td>
<td></td>
<td>Nurtative 0.81</td>
</tr>
<tr>
<td>Corporation</td>
<td>11%</td>
<td>6%</td>
<td>14%</td>
<td>23%</td>
<td>10%</td>
<td>16%</td>
<td>7%</td>
<td>12%</td>
<td>Ubivariate 0.517</td>
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<td>(0.50)</td>
<td>(0.50)</td>
<td>(0.50)</td>
<td>(0.50)</td>
<td>(0.50)</td>
<td>(0.50)</td>
<td>(0.50)</td>
<td>(0.50)</td>
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<td>Nurtative 0.97</td>
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<tr>
<td>Attitude to Work itself</td>
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<td></td>
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<td></td>
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<td></td>
<td></td>
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<tr>
<td>Goals at work</td>
<td>28%</td>
<td>46%</td>
<td>42%</td>
<td>36%</td>
<td>48%</td>
<td>27%</td>
<td>47%</td>
<td>36%</td>
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<td>Satisfaction with work itself</td>
<td>17%</td>
<td>23%</td>
<td>33%</td>
<td>34%</td>
<td>22%</td>
<td>26%</td>
<td>31%</td>
<td>24%</td>
<td>Ubivariate 0.507</td>
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<td>(0.50)</td>
<td>(0.50)</td>
<td></td>
<td>Nurtative 0.19</td>
</tr>
</tbody>
</table>

Note: The table shows the percentage of subjects with self-reported outcomes in each office type and total sample (N=469), with 95% confidence intervals (CIs) in parenthesis. Cell-office was used as reference category, and ODDS were calculated in a multi-variant logistic regression analysis, after adjustment for age, gender, job rank, and time of business. Statistical significances are marked with underlined bold text. * = Test of the hypothesis of no difference between office types. The first value is after adjustment for age, gender, job rank, and time of business. P-value 0.05 is marked in bold. Negative outcome refers to aspects of emotional health during the previous 4 weeks.
Workshop:
Open spaces at EU institutions versus traditional work spaces: justification, evolution, evaluation and results

GRAPHIC OVERVIEW:

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<tbody>
<tr>
<td>Any sick leave (1-365 days/year)</td>
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<td>O</td>
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<tr>
<td>Sick leave more 7 days/year</td>
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<td>General health</td>
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<td>Physical &amp; psychological health</td>
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</table>

Note: The table presents a synthesis based on estimated odds ratios (OR) in the multivariate analyses. O: low risk, ●: high risk. "*" Too small variation to be considered.

STUDY 2: OFFICE TYPE'S INFLUENCE ON PERCEPTION OF LEADERSHIP

BASED ON:

- Sample: 5,358 persons working in 7 identified office types
- SLOSH 2010 (Swedish Longitudinal Occupational Study)
- National representative long-term study on health & work environment collected every 2nd year in Sweden since 2006
- Statistical method: multivariate regression analysis divided by gender
  (Controlled for: age, sex, job rank, labour market – private/public)
1) GLOBE – Index (15 questions) covers 5 different areas

Response scale ranges from 1-5

Following traits of the manager was measured:

a) Integrity in leadership
b) Autocratic leadership
c) Self-centered leadership
d) Team integrator
e) Inspirational leadership

2) MODERN WORKING LIFE (Nya arbetslivet, NA)

(Oexeniana et al., 2010; Theorell et al., 2012)

Based on 2 questions. Response scale ranges from 1-4

a) ‘Does your manager listen to you and take in what you say?’

b) ‘Does your manager listen to you and take in what you say?’

3) LEADERSHIP CLIMATE (From stress profile questionnaire)

(Betterfield & Larsen, 1990)

Based on 10 statements. Response scale ranges from 1-4

Examples of statements:

a) ‘I get the information I need from my boss’

b) ‘My immediate supervisor has a good driving force and is good at implementing changes’

c) ‘My immediate supervisor explains the goals of our organization so that I understand what it means for my work’

d) ‘I know what my supervisor is expected of me’

e) ‘My immediate boss shows that he/she cares about how I feel’

f) ‘I have sufficient powers in relation to the responsibility I have’

- GRAPHIC OVERVIEW OF RESULTS:

Table 4. Differences in Perception of Managerial Leadership between office types

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Cell-office (Ref.)</th>
<th>Shared-room n=28</th>
<th>Small open-plan n=40</th>
<th>Med. open-plan n=50</th>
<th>Large open-plan n=75</th>
<th>Act. based flex-office n=91</th>
<th>Act. based comb-office n=57</th>
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<td>Women</td>
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<td>MODERN WORKING LIFE</td>
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<td>LEADERSHIP/STRESS PROFILE</td>
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</tbody>
</table>

Note: Total sample and cell-by-sex synopsis is based on multivariate regression analysis adjusted for age, sex, job rank and market sector. All of the above was used as reference category. Highest and lowest significant values are shown, where the highest and lowest reported values are non-significant, it is reported.
STUDY 3: OFFICE TYPE'S INFLUENCE ON SATISFACTION WITH WORKSPACE CONTRIBUTION
(JOB SATISFACTION, COMFORT & PERFORMANCE)

BASED ON

- Sample: 4,352 persons working in 7 office designs
  (6 identified office types, 1 subcategory of the office type flex office –
  hot-desking office)

- SLOSH 2012 (Swedish Longitudinal Occupational Study)

- National representative long-term study on health &
  work environment collected every 2nd year in Sweden since 2006

- Statistical method:
  a) Multivariate regression analysis divided
     by gender (Controlled for: age, educational level)
  b) Correlation analysis btw access of supportive facilities – satisfaction
     with workspace contribution

ARCHITECTURE & OFFICE DESIGN

GRAPHIC OVERVIEW OF RESULTS:

<table>
<thead>
<tr>
<th>Outcome CONTRIBUTION TO:</th>
<th>Cell-office (Yr.)</th>
<th>Shared-room</th>
<th>Small open plan</th>
<th>Med. open plan</th>
<th>Large open plan</th>
<th>Act. based combi-office</th>
<th>Hot-desking</th>
</tr>
</thead>
<tbody>
<tr>
<td>JOB SATISFACTION</td>
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<td>Men</td>
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<td>Women</td>
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<tr>
<td>TO DO A GOOD JOB</td>
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</tbody>
</table>

ACCESS TO SUPP. FACILITIES:

| WORKS FOR COLLEAGUES     |                  |             |                |               |                |                        |            |
| Men                      | *                |             |                |               |                |                        |            |
| Women                    | *                |             |                |               |                |                        |            |
| SPACES - Spont. Meetings |                  |             |                |               |                |                        |            |
| Men                      | *                |             |                |               |                |                        |            |
| Women                    | *                |             |                |               |                |                        |            |
| SPACES - Booked Meetings |                  |             |                |               |                |                        |            |
| Men                      | ***              | ***         |                | ***           | ***            |                        | ***        |
| Women                    | ***              |             |                | ***           | ***            |                        | ***        |

Note: Synthesized as based on linear multivariate analysis adjusted for age and education.
Table 4. Correlations Between the Domains of (a) Satisfaction With the Contribution That the Workspace Makes and (b) Access to Supportive Facilities.

<table>
<thead>
<tr>
<th>OUTCOME</th>
<th>1</th>
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<th>4</th>
<th>5</th>
<th>6</th>
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</thead>
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<tr>
<td>A) WORKSPACE CONTRIBUTION</td>
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<tr>
<td>Contribution to:</td>
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<tr>
<td>1. Job satisfaction</td>
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<tr>
<td>2. Pleasantness</td>
<td>0.86</td>
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<tr>
<td>3. To do a good job</td>
<td>0.83</td>
<td>0.79</td>
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<tr>
<td>B) ACCESS TO SUPPORTIVE FACILITIES</td>
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<tr>
<td>Access to:</td>
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<tr>
<td>1. Individual rooms for concentrated work</td>
<td>0.46</td>
<td>0.41</td>
<td>0.46</td>
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<tr>
<td>2. Spaces for spontaneous meetings</td>
<td>0.38</td>
<td>0.35</td>
<td>0.37</td>
<td>0.58</td>
<td></td>
<td></td>
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<tr>
<td>3. Spaces for booked meetings</td>
<td>0.31</td>
<td>0.31</td>
<td>0.31</td>
<td>0.45</td>
<td>0.71</td>
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</table>

Note: Sample n= 4,372 participants. All correlations are highly significant (p ≤ 0.001). Degree of correlation between variables with:

- = lowest degree of correlation (0.31-0.46)
- = middle degree of correlation (0.45-0.71)
- = highest degree of correlation (0.79-0.86)

CONCLUSIONS

- What needs should be satisfied in order to create a "good" work environment at the office?

* Good work environment = an office environment that has a positive influence on individual employee level & organizational level
FOCUSED ON HEALTH, PLEASANTNESS & PERFORMANCE...

a "good" office environment supports
PERSONAL CONTROL
(physical & psychosocial control)

HEALTH, PLEASANTNESS & PERFORMANCE IS ALSO SUPPORTED BY...

THE HUB, London:
an office workspace that supports social interaction

POSITIVE STIMULI
(psychosocial & physical )

GOOGLE – office in Norway
“Architecture & Office design”

THANK YOU - TACK

Dr Christina Bodin Danielsson/ Associate professor in Architecture, Master of Architecture SAR/MSA

ARCHITECTURE & OFFICE DESIGN
Presentation by Dr Annu HAAPAKANGAS
OPEN SPACES AT EU INSTITUTIONS VERSUS TRADITIONAL WORKSPACES: JUSTIFICATION, EVOLUTION, EVALUATION AND RESULTS

Annu Haapakangas, PhD, Specialist Researcher, Finnish Institute of Occupational Health

AIM AND KEY POINTS

The purpose of this presentation is to describe and explain how different office types, particularly modern open space offices, impact employee satisfaction, health, well-being, and productivity.

The key points are:

1. Modern open office design (i.e., activity-based design) should not be confused with traditional open-plan offices – they differ in design, use, and employee outcomes.
2. Activity-based offices can be as good as private offices, but differences between workplaces seem to be large.
3. Attention should also be paid to specific elements of office design and change management, as this may be more informative in explaining employee outcomes than the general office concept alone.
4. More research is needed on the effects of modern office design on health and productivity, particularly in comparison to private offices.


**GENERAL REMARKS ON RESEARCH INTO OFFICE DESIGN IN RELATION TO EMPLOYEE OUTCOMES**

- Differences between the most common traditional office types (open-plan offices, shared rooms, private rooms) have been well-documented over decades of research.
- There is much less research on modern open space offices (i.e., activity-based office design).
  - The majority of evidence on activity-based offices comes from the Netherlands, Sweden, and, outside Europe, from Australia.
- Overall, there is more research on employee satisfaction with different aspects of the office environment and less on the effects on health and well-being. Medical studies are rare.
- Differences between the public and private sector have not been a topic of research.
- In terms of the Covid-19 pandemic, there is little research on offices. Different scenarios, mainly outside the scientific community, have been presented for post-crisis office development. E.g., increased remote working will likely impact office design while space-efficiency targets might need to be reconsidered.

**TRADITIONAL OPEN-PLAN OFFICES VERSUS ACTIVITY-BASED OFFICES**

- Traditional open-plan offices are associated with several negative outcomes for employees.
  - Strong evidence of a dissatisfactory physical environment, particularly noise and lack of privacy.
    - These are also likely causes of the decrease in productivity and health (through impaired cognitive performance, perceived lack of control, and psycho-physiological stress response).
  - Some evidence of decreased productivity and increased cognitive workload, decreased interaction and impaired social relations, decreased job satisfaction, increased stress and other complaints related to mental and physical health, increased risk of sickness absence and of disability retirement.
- The existing data point to improved work conditions in activity-based offices compared with open-plan offices and shared office rooms.
ACTIVITY-BASED OFFICE DESIGN

- Essential differences between traditional open-plan and activity-based office design:
  1. Activity-based offices include different types of workspaces
     - E.g., for concentration, informal and formal interaction, speech privacy
     - Workspaces can be open, semi-open, and closed
  2. Workspace choice is flexible (i.e., in shared use, no personal desks)
- Activity-based flexible offices (A-FOs) include both characteristics.
  - Most of the research on activity-based offices concerns A-FOs but, in practice, activity-based features can be applied in offices in various ways
- Activity-based offices are closely related to new ways of working, characterised by
  - Increased freedom in the time and location of work (including, e.g., remote working)
  - Reliance on advanced information and communications technology (ICT)
  - Management style and work culture that support more flexible and autonomous working

TRADITIONAL PRIVATE OFFICES VERSUS ACTIVITY-BASED FLEXIBLE OFFICES

- Based on comparisons across large numbers of offices, private offices and A-FOs do not appear to differ in psychological stress, self-reported health, psychosocial environment, and job satisfaction.
  - Contradictory findings have been reported for satisfaction with the indoor climate, self-rated effects on productivity, interaction/social relations, and sickness absence
  - Privacy and distractions are an issue in many A-FOs although not to the same extent as in open-plan offices.
  - Architecture and office design are perceived more positively in A-FOs
- Longitudinal studies are rare for employees moving from private offices to an A-FO. They may, however, be more likely to experience some negative consequences.
- All in all, these findings imply significant variation between workplaces and the need for more research as many outcomes have been addressed by only one or two studies.
ADVANTAGES AND DISADVANTAGES OF ACTIVITY-BASED FLEXIBLE OFFICES FOR HEALTH AND PRODUCTIVITY

- Frequent workspace switching is associated with higher satisfaction with the office environment and higher self-rated productivity and well-being although causal directions are uncertain.
  - Through workspace choice, employees more likely maintain task-supportive conditions that increase satisfaction, productivity, and sense of well-being.
  - Increasing the number of breaks from prolonged sitting is beneficial to various health outcomes. However, the average effects of moving into an A-FO on sitting behaviour are small and additional ergonomic interventions may be required.

- Most employees do not switch workspace actively, which may counteract some of the potential benefits of A-FOs.

- Productivity and well-being may also decrease if it is difficult or time-consuming to find or switch workspace.

- Lack of personal workstations can negatively affect some aspects of interaction within teams due to difficulties in locating colleagues. Interactions across teams may increase.

- Overall, A-FOs are perceived to support interaction and collaboration, which contributes to both productivity and well-being at work.

DIFFERENCES BETWEEN ACTIVITY-BASED FLEXIBLE OFFICES ARE SUBSTANTIAL

Satisfaction levels with A-FOs and, e.g., noise complaints in open offices vary substantially between workplaces.

**Critical factors** for positive employee outcomes include:

- The provision and accessibility of workspaces for quiet and uninterrupted work
- Room acoustic design that effectively decreases the intelligibility of background speech (e.g., WELL Building Standard v2)
- Active and people-oriented change management and employee participation
- Technology (ICT), management style and work culture that support flexible, paperless, and more mobile working

**Note** Other factors (e.g., indoor climate, ergonomics, workspaces for interaction, general ambience) are also important for employee outcomes but they are less likely to be an issue.
REFERENCES


Workshop:
Open spaces at EU institutions versus traditional work spaces: justification, evolution, evaluation and results


Parry, S., & Straker, L. (2012). The contribution of office work to sedentary behavior associated with task. BMC Public Health, 12, 236.


Presentation by Jessica MARTINEZ ALONSO
Open Space at the Court

Jessica MARTÍNEZ ALONSO
Staff Committee member - European Court of Justice

Open space – the beginning

- 2013: move to the towers and from « normal » offices to open space for the IT directorate, some unit of the infrastructure and security directorate
  - Lack of friendliness
  - Improve the communication
  - Misuse of space

- 2015: my arrival at the Court and ascertainment that my colleagues are not pleased to be working in dynamic offices “fitted out in the form of boxes and collective landscaped offices
  - Noise, privacy
  - Meeting spaces are open space too
  - Decision made without the staff’s input
  - But « luxurious » open spaces with half-closed offices (even if quite small)
The survey (April 2017)

- Questions revolved around two elements: working conditions and quality of life
- Answer rate: 70%
- Acoustic comfort: 89% less comfortable than in closed offices
- Concentration: 87% find it harder to concentrate in open spaces. Not only because of the noise but also the noise of colleagues coming and going through the floor.
- Efficiency: 57% less efficient
- Productivity: 58% less productive
- Feeling lack of confidentiality: 61%

Time management: Carlson’s law

- All interrupted work will be less effective and will take more time than if it was completed in a continuous manner.

  - **11 minutes**
    - While working we are interrupted on average every 11 minutes.

  - **23 minutes**
    - When we are interrupted, it takes up to 23 minutes for us to return to a state of “flux” in which our level of concentration is at its peak.
Are open space a good ROI?

- Declining EFFICIENCY
  - 61% 47% 38%
- Declining SATISFACTION
  - 45% 58% 38%
- Declining PRODUCTIVITY
  - 63% 47% 50%
- Declining QUALITY
  - 43% 42% 25%

---

After the survey

- April 2017: survey
- June 2017: results of the survey => staff and Administration
- January 2018: Report to the Administration with all the details of the survey
- April 2018: creation of task force Working environment
  - Goals: survey analysis, visit other open spaces and share experiences (EIB, Court of Auditors), find solutions and include them in the current budget
  - Conclusions (04/2019): lack of confidentiality, concentration, privacy, comfort in terms of temperature, acoustics and lighting, associated with the simple fact of sharing a space (seem to have an inevitable negative impact on staff satisfaction. The latter tends to translate into reduced efficiency.)
  - The departments concerned therefore favour a return to individual offices, not without arranging the spaces so that they better correspond to today's needs
- End 2019: IT director's survey and, as a result, conversion of open spaces into normal individual offices as from November 2019.
Questions?

Thank you for your attention

Conditions de travail en open space

Concentration: 87%
Efficacité: 57%
Productivité: 58%

Sondage "Open Space"

85% travaillent en open space depuis plus d'un an
96% passent plus de la moitié du temps de travail à leur bureau

Environnement de travail

41% rassurent le mode de vie du bureau
58% aiment le style de vie du bureau
89% la culture d'entreprise

Collaboration au travail

66% aiment le mode de vie du bureau
62% aiment le mode de vie du bureau

Aménagement de l'espace de travail

68% participent activement dans un bureau fermé
61% estiment que le travail en open space permet de plus en plus de l'intimité

Open spaces at EU institutions versus traditional workspaces: justification, evolution, evaluation and results
Presentation by José María CARRASCOSA MORENO
**ECA Workplace - Principles**

- ECA owns its buildings
- Accommodate all staff on a single site
- A tradition of austerity and efficient use of budget
- An attractive place to work, secured and well-being oriented
- An innovative working environment, both physical and digital
- An environmentally friendly workplace
**ECA Workplace - 3 Pillars**

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<tr>
<th>Facilities</th>
<th>Technologies</th>
<th>Policies</th>
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<tr>
<td>Single/double offices</td>
<td>Laptops for all</td>
<td>Teleworking</td>
</tr>
<tr>
<td>Team Zones</td>
<td>Remote access</td>
<td>Flexible working time</td>
</tr>
<tr>
<td>Coffee corners / small kitchens</td>
<td>Virtual meetings</td>
<td>Environmental policy</td>
</tr>
<tr>
<td>Quiet rooms</td>
<td>Advanced Collaboration</td>
<td></td>
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<tr>
<td>Small meeting rooms</td>
<td>Hybrid meetings</td>
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</table>

**ECA Campus**

![ECA Campus Image]
# ECA Campus

![ECA Campus Image]

## ECA Campus - Summary

<table>
<thead>
<tr>
<th></th>
<th>K1 building</th>
<th>K2 building</th>
<th>K3 building</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year opened</td>
<td>1986</td>
<td>2003</td>
<td>2012</td>
</tr>
<tr>
<td>Workplaces</td>
<td>320</td>
<td>241</td>
<td>593</td>
</tr>
<tr>
<td>Levels</td>
<td>11</td>
<td>9</td>
<td>11</td>
</tr>
<tr>
<td>Basement</td>
<td>- 3 levels</td>
<td>- 2 levels</td>
<td>- 2 levels</td>
</tr>
<tr>
<td></td>
<td>- 225 parking spaces</td>
<td>- 181 parking spaces</td>
<td>- 165 parking spaces</td>
</tr>
<tr>
<td></td>
<td>- storage and technical facilities</td>
<td>- storage and technical facilities</td>
<td>- storage and technical facilities, workshops, print shop</td>
</tr>
<tr>
<td></td>
<td>- archives, workshop</td>
<td>- library</td>
<td>- kitchen and archives</td>
</tr>
<tr>
<td>Floors</td>
<td>- Ground floor: main entrance hall and offices</td>
<td>- Ground floor: entrance hall, cafeteria, offices and conference room with 22 interpretation booths</td>
<td>- Ground floor: entrance hall, center, cafeteria and training centre</td>
</tr>
<tr>
<td></td>
<td>- six floors of office space, including cabinets and Court meeting room</td>
<td>- 5 floors of offices, 6 meeting rooms and a videoconference room</td>
<td>- 6 floors of offices, innovation room, team areas and a data centre</td>
</tr>
<tr>
<td></td>
<td>- 7th floor: technical rooms</td>
<td>- 8th floor: technical rooms</td>
<td>- 6th floor: lounge, reception rooms with kitchen and technical facilities</td>
</tr>
</tbody>
</table>
ECA Campus - Surface

<table>
<thead>
<tr>
<th>Building</th>
<th>Gross floor area (m²)</th>
<th>Net floor area (m²)</th>
<th>Office area (m²)</th>
<th>Open Spaces (m²)</th>
</tr>
</thead>
<tbody>
<tr>
<td>K1</td>
<td>26 051.0</td>
<td>13 565.2</td>
<td>7 391.9</td>
<td>688.4</td>
</tr>
<tr>
<td>K2</td>
<td>21 562.0</td>
<td>10 324.7</td>
<td>5 368.8</td>
<td>0</td>
</tr>
<tr>
<td>K3</td>
<td>33 877.0</td>
<td>17 335.5</td>
<td>10 030.7</td>
<td>0</td>
</tr>
<tr>
<td>IT disaster-recovery centre</td>
<td>38.5</td>
<td>38.5</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Total</td>
<td>81 528.5</td>
<td>41 263.9</td>
<td>22 800.4</td>
<td>688.4</td>
</tr>
</tbody>
</table>

New spaces in K3 building - 2012
New spaces in K3 building - 2012

“Nouvel Environnement de Travail” in K1 building - 2016

- Pilot for the Corporate Communication teams and Legal Service
- Based on K3 building experience, introduce modern workplace concepts like kitchen corners, small discussion rooms, ...
- Learn and apply those concepts in future projects like K2 building renewal
“Nouvel Environnement de Travail” in K1 building - 2016

ECA Workplace - Evolutions

- Renewal of K2 building 2020-2022
- Progressive renewal of Private Offices
- Individual offices are kept, but digital work facilitates the creation of different collaborative spaces due to the elimination of paper archives
ECA Workplace - Evolutions

• Renewal of K2 building 2020-2022
• Progressive renewal of Private Offices
• Individual offices are kept, but digital work facilitates the creation of different collaborative spaces due to the elimination of paper archives

Q&A
Presentation by Marc BECQUET
Contents

- Current situation of Offices and Housing

- Context
  - Green Deal
  - Synergies & Efficiencies
  - New Ways of Working
  - Lessons Learnt from lockdown
  - Staff expectations

- Conclusion: Next steps
Current situation of Offices

Current situation of the EC in Brussels:
- 24,000 staff
- 785,000 m²
- More than 40 buildings

Note: European Commission offices only, i.e. excluding:
- Non EC (e.g. EAAS, EAs, OLAF)
- Non offices (Nursery buildings, other)

Current situation of Housing

Staff in Brussels housed in
- 17% collaborative spaces
- 38% shared offices (two or more)
- 46% individual & management offices

Note: figures roughly similar for Luxembourg
Current situation of Housing

Staff in Brussels housed in
• 17% collaborative spaces
• 38% shared offices (two or more)
• 46% individual & management offices

*Note: figures roughly similar for Luxembourg*

→ More than 50% of staff is currently not in individual office

Context: Green Deal

Make the Commission carbon neutral by 2030

→ Decrease emissions
Context: Green Deal

- Buildings account for 1/3 of EC emissions

⇒ Investigate paths to make each m² greener
Context: Other (1)

- Synergies & Efficiencies
  - Planned Objective: 743,000 m² by 2027
  - Multi-annual Financial Framework

- New Ways of Working
  - (Communication Workplace of the future)
  - Increased telework
  - Available IT tools for remote collaboration

Context: Other (2)

- Lessons Learnt from lockdown
  - Remote working / Telework is possible beyond past levels
  - Need to define a “New Normal”

- Staff
  - Desire for increased telework
  - Covid related apprehensions (e.g.: shared offices)
  - Different working environment: Healthy, Social, Green...
Conclusion: Next steps

• Discussion underway to define “New Normal” in light of context

• Special focus on Green Deal

• Collaborative spaces is one element of that discussion

• Decision will be followed by proposal for implementation

Thank you
The Budgetary Control Committee (CONT) organised the workshop on ‘Open spaces at EU institutions versus traditional work spaces: justification, evolution, evaluation and results’ on 29 October 2020. This document consists of the briefing on ‘Open Plan Offices - The new ways of working’, biographies of the speakers and the PowerPoint slides of the presentations.

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