



Plenary sitting

B9-0097/2023

31.1.2023

MOTION FOR A RESOLUTION

pursuant to Rule 143 of the Rules of Procedure

on the development of emotional intelligence in the EU to improve citizens' quality of life and increase resilience to negative influences

Viktor Uspaskich

B9-0097/2023

Motion for a European Parliament resolution on the development of emotional intelligence in the EU to improve citizens' quality of life and increase resilience to negative influences

The European Parliament,

- having regard to Articles 6, 9 and 165(1) of the Treaty on the Functioning of the European Union,
- having regard to Rule 143 of its Rules of Procedure,
- A. whereas emotional intelligence is not only innate, but can also be nurtured;
- B. whereas emotional intelligence enables us to recognise and manage our emotions, to care for ourselves and others, and to build positive relationships;
- C. whereas well-developed emotional intelligence enables people to increase their motivation and to strive for lifelong development;
- D. whereas it helps people to navigate today's information flows and to quickly distinguish between useful and harmful information;
- E. whereas a society with high emotional intelligence would be immune to misinformation because it would be able to identify accurate information;
- 1. Calls on the Commission to draw up a strategy to integrate emotional intelligence education more effectively into education systems in the EU, with a view to improving people's quality of life and strengthening society's resilience to negative influences.