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## WRITTEN DECLARATION

submitted under Rule 136 of the Rules of Procedure

on designating a European Fruit Day

**Ramón Luis Valcárcel Siso (PPE), Paolo De Castro (S&D),  
Jasenko Selimovic (ALDE), Nuno Melo (PPE), Marijana Petir (PPE),  
Czesław Adam Siekierski (PPE), Esteban González Pons (PPE),  
Esther Herranz García (PPE), Antonio López-Istúriz White (PPE),  
Gabriel Mato (PPE), Teresa Jiménez-Becerril Barrio (PPE),  
Agustín Díaz de Mera García Consuegra (PPE), Santiago Fisas Ayxelà  
(PPE), Verónica Lope Fontagné (PPE), Carlos Iturgaiz (PPE),  
Francisco José Millán Mon (PPE), Rosa Estaràs Ferragut (PPE),  
Pilar del Castillo Vera (PPE), Pilar Ayuso (PPE), Francesc Gambús  
(PPE), Florent Marcellesi (Verts/ALE)**

Lapse date: 12.3.2017

**Written declaration, under Rule 136 of Parliament's Rules of Procedure, on designating a European Fruit Day<sup>1</sup>**

1. The Treaty on the Functioning of the European Union (TFEU) provides for a high level of protection for health and consumers through both public policies and information and educational activities, which should supplement national policies.
2. Fruit is an essential component of a healthy diet. Sufficient daily consumption could help prevent chronic diseases such as heart disease, cancer, diabetes and obesity, as well as helping to prevent and mitigate a number of micronutrient deficiencies.
3. Given the need for the public authorities to promote fruit consumption, a European Fruit Day should be designated to help them carry out this task and encourage European citizens to eat more fruit.
4. The Commission is called upon to designate 12 July as European Fruit Day in order to help the public authorities promote fruit consumption as part of European people's diet.
5. This declaration, together with the names of the signatories, is forwarded to the Council and the Commission.

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<sup>1</sup> Under Rule 136(4) and (5) of Parliament's Rules of Procedure, where a declaration is signed by a majority of Parliament's component Members, it is published in the minutes with the names of its signatories and forwarded to the addressees, without however binding Parliament.