

**Question for written answer E-002968/2019
to the Commission
Rule 138
Alex Agius Saliba (S&D)**

Subject: Promoting physical activity among children

Childhood obesity remains a considerable public health problem in the European Union. While multiple factors play a role, the global increase in overweight children is mainly linked to a shift in diet, paired with a decline in physical activity. Essentially, unhealthy diets, together with low physical activity, result in obesity.

What measures is the Commission taking to support Member States' efforts to tackle childhood obesity and promote the notion of physical activity as an essential part of a healthy lifestyle in children, thus contributing to reducing the morbidity and mortality of lifestyle-related diseases in the short and longer term?

How is the Commission acting on the current recommendations relating to physical activity, and how will it integrate and promote physical activity as part of the EU Action Plan on Childhood Obesity 2014-2020, which is up for review this year?