Question for written answer E-004504/2021 to the Commission Rule 138 Maria Spyraki (PPE)

Subject: Nutri-Score system and the Mediterranean diet

The Nutri-Score front-of-package labelling system developed in Europe gives a distorted assessment of the nutritional value of important Mediterranean products such as olive oil, which it classifies as fat without taking into account its nutritional and health benefits¹.

As part of its farm-to-fork strategy, the European Commission has recommended the adoption of a single European nutrition labelling system and has sought the opinion of the EFSA on the matter.

In view of this:

- 1. What stage has been reached by the single European labelling system that is to complement Nutri-Score and when will it be completed?
- 2. In what way will the new classification system highlight the benefits of Mediterranean food products, which have been scientifically confirmed at international level, and will it make a distinction between these products and standardised/processed foods, with which there is obviously no comparison?
- 3. How does it consider that a supplementary labelling system should work in practice on the basis of the farm-to-fork strategy, especially with regard to Mediterranean food products?

¹ https://www.ypaithros.gr/koino-metopo-apenanti-nutriscore-apo-biomixania-paragogikous-foreis/