

**Question for written answer E-000424/2023  
to the Commission**

Rule 138

**Viktor Uspaskich (NI)**

Subject: Developing emotional intelligence

Emotional intelligence is crucial for people to achieve more in life, to better understand and manage their emotions, and to build positive relationships. Emotional intelligence is not only innate, but can also be nurtured. The development of emotional intelligence would greatly contribute to making EU citizens not only more happy, but also more successful. Well-developed emotional intelligence creates a good basis for people to increase their motivation and to strive for lifelong development.

Emotional intelligence also helps people to navigate their way through today's information flows and to quickly distinguish between useful and harmful information, so high emotional intelligence would increase the public's resilience to misinformation.

Could the Commission indicate what action it is taking to place greater emphasis on the development of emotional intelligence in the EU?

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