

**Question for written answer E-000976/2023/rev.1
to the Council**
Rule 138
Athanasios Konstantinou (NI)

Subject: Mental health of European citizens

Europeans today are facing numerous different challenges, including a number of major issues in the field of mental health. It is therefore important to seek ways of addressing these challenges and promoting the mental health and well-being of Europeans.

It would be useful to know more about the Council's approach¹ to these issues. In particular, it would be worth examining in greater detail the policies adopted and initiatives taken to address mental health challenges, promote diversity and acceptance and address other issues relating to the mental health and well-being of Europeans.

In view of this, can the Council say:

1. What initiatives are being taken to promote the mental health and well-being of (a) workers, and (b) young people across the European Union?
2. How is it addressing the challenges arising from increased use of social media and technology, which are impacting on the mental health and well-being of people in Europe?

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¹ https://www.consilium.europa.eu/uedocs/cms_data/docs/pressdata/en/lsa/122389.pdf