

**Question for written answer E-002180/2023  
to the Commission**  
Rule 138  
**Maria Spyraiki (PPE)**

Subject: Measures for curbing childhood obesity

According to the REA study on mother and child health, more than 40% of 11-year olds and nearly 4 in 10 15-year olds in Greece are overweight or obese. Monitoring of the children in the study has shown that the proportion of overweight/obese children has been increasing (22% of 4-year-olds, 37% of 7-year-olds and 43% of 11-year-olds).<sup>1</sup> Obesity affects the body in many different ways and is associated with children developing multiple health problems as adults, such as diabetes and heart conditions.

Given that the Commission sought to address this issue by supporting the EU Action Plan on Childhood Obesity 2014-2020 as well as the Healthier Together initiative, and that the creation of a healthier food environment is also a goal of the legislative framework for sustainable food systems within the Farm to Fork strategy, can the Commission say:

1. Whether the evaluation of the EU Action Plan on Childhood Obesity has been completed and what the results of the plan have been Europe-wide, and for Greece in particular?
2. How much progress has been made in curbing childhood obesity in the Member States following the implementation of the latest EU legislative measures, based on the information it has at its disposal, and what further action it intends to take.

Submitted: 11.7.2023

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<sup>1</sup> <https://www.tovima.gr/print/science/i-paidiki-paxysarkia-epitaxynei-ti-giransi/>