

**Question for written answer E-003125/2023/rev.1  
to the Commission**  
Rule 138  
**Roman Haider (ID)**

Subject: Mental health

In its Communication on a comprehensive approach to mental health, the Commission noted that mental health and illness are influenced by individual and external factors. The mental health of all individuals, but especially that of vulnerable groups such as children and adolescents, persons with disabilities and refugees, is increasingly affected by the ongoing crises within the European Union and worldwide – as such, it is imperative to incorporate mental health considerations into all policy domains. Improved access to assistance, prevention, early intervention, destigmatisation and mental health at work are also important. In order to provide support to the Member States, but also globally, 20 flagship initiatives were presented, to be supported by EUR 1.23 billion from various financial instruments<sup>1</sup>.

Is the Commission planning a concrete EU action plan to move from a biomedical to a psychosocial approach?

Submitted: 23.10.2023

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<sup>1</sup> [https://health.ec.europa.eu/system/files/2023-06/com\\_2023\\_298\\_1\\_act\\_en.pdf](https://health.ec.europa.eu/system/files/2023-06/com_2023_298_1_act_en.pdf)