

**Question for written answer E-003586/2023
to the Commission**

Rule 138

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Subject: Educating young people about wholegrains and their benefits

Consuming wholegrains plays a pivotal role in supporting children's growth and development. Yet, children's wholegrain intake is below recommended levels in nearly all EU Member States.

Considering the significant role of wholegrains in promoting healthier diets and mitigating risks for childhood obesity, we believe that the upcoming EU school scheme should aim to educate younger citizens about wholegrains and their health benefits, encouraging them to incorporate these nutritious options into their diets.

Against this background:

1. How does the Commission intend to encourage the consumption of wholegrains among schoolchildren in the forthcoming revised EU school scheme?
2. What strategies will be employed to educate European children as well as their parents and/or caregivers about the role of wholegrains in promoting healthier diets, in line with the Commission's food policy objectives as outlined in the farm to fork strategy?

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