

Dear Julie,

I hope you are doing well, we're looking forward to greeting you in Caux for CATS soon!

In order for interpreters to prepare for the "Call for Action" Session, could you please send your speech, or at an outline as soon as you can? I sent Trevor an explanation of what the session is about and your involvement, have you received this? In case if you haven't here is a quick recap:

The Call for Action session will focus on the 90 Day Challenge which is all about participants launching new projects and initiatives in the 90 days after CATS based on what they learn here, and want to change back home. Therefore, it would be great to have an inspirational speech to get them excited about doing something once they "go back down the mountain", and perhaps provide examples of other projects that can be done, highlighting the importance of each of us doing actions in our communities to promote the general CATS approach and message. Lastly, our theme this year is all about Inclusion and "Reaching for an Inclusive World", so keep that in mind too!

Thank you so much and looking forward to seeing you soon.

Best wishes,
Julia

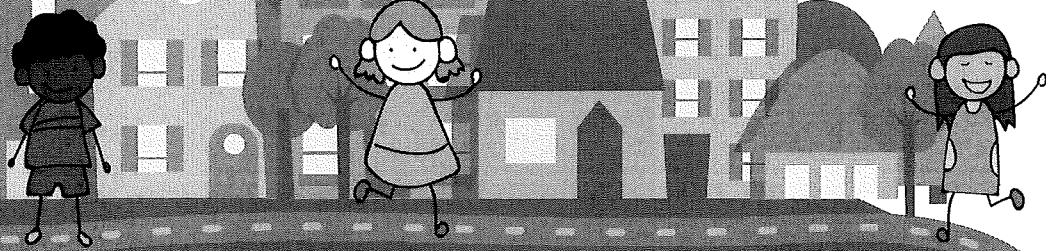
Julia Movshovich | julia.movshovich@ic-fr.org | CATS Coordinator

Children as Actors for Transforming Society
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More info on CATS here: <http://www.catsconference.com>

Join us on Facebook: [lofcats](https://www.facebook.com/lofcats)

Follow us on Twitter: [@CATS_Caux](https://twitter.com/CATS_Caux)



CATS 2017 Participants' Guide Booklet

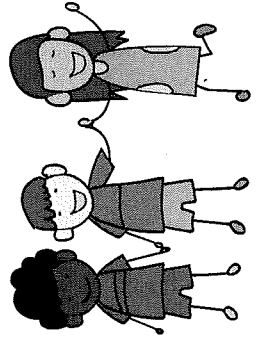
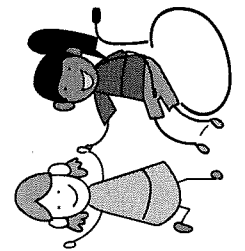
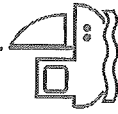
Reaching for an inclusive world
29 July - 4 August 2017



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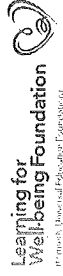


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WHO MADE THIS EVENT POSSIBLE?

LEARNING FOR WELL-BEING FOUNDATION



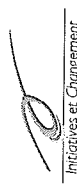
The L4WB-F has developed Learning for Well-being - a process-oriented approach to life, a language and a tool that cultivates capacities of individuals and communities to inspire a shift of mindset that places well-being at the center of all our endeavors. Over the past years, L4WB-F has been building relationships around the L4WB perspective with a selection of organisations active in education, learning, and child welfare (European and national associations).

CAUX - INITIATIVES OF CHANGE FOUNDATION



Established in 1946, the CAUX-Initiatives of Change Foundation (CAUX-IofC) is the Swiss body of Initiatives of Change, a world-wide movement of people of diverse cultures and backgrounds, who are committed to the transformation of society through changes in human motives and behaviour, starting with their own. CAUX-IofC organizes the Caux Forum, training and events in Switzerland, primarily in its conference and seminar centre, the Caux Palace. CAUX-IofC provides a safe and privileged space to inspire, equip and connect individuals, groups and organisations from around the globe to engage effectively and innovatively in trustbuilding, ethical leadership, sustainable living and human security.

INITIATIVES ET CHANGEMENT FRANCE



Created in 1952, Initiatives of Change France is a secular and apolitical non-profit organisation. Its mission is to develop active citizens, by working with children, youth, and adults to be partners for change to improve society. Its philosophy is mainly based on the words inspired by Gandhi, "Be the change you want to see in the world". IofC France focuses on two areas of work targeted at children, youth, and adults in France and internationally: Active Citizens and Dialogue, and Youth and Children, with programmes based on children's rights and children's participation.

CHILD TO CHILD



Child to Child is an international development child rights agency, located at the UCL Institute of Education, London. It is a pioneer of children's participation and works to realise and mainstream children's right to participate, as set out in Article 12 of the UN Convention on the Rights of the Child. For over 35 years, Child to Child has been at the forefront of developing transformational approaches to children's participation, equipping the world leading agencies (Unicef, Save the Children, Plan International) in this transformative way.

1 WHY GO TO CATS?

CATS VISION AND GOAL

CATS is an interactive 7-day event organised by the CAUX-toFC Foundation, Initiatives of Change France, Learning for Wellbeing Foundation, Making Earth Our World and Child to Child. Taking place at the Caux Palace, it is part of the Caux Forum.

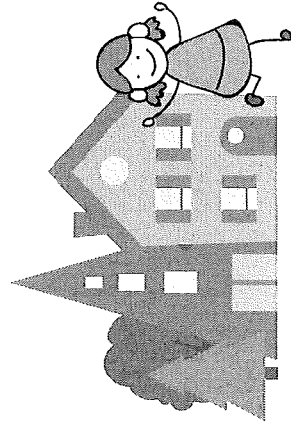
This unique event provides a space where children, young people and adults can work together in mutual respect towards creating a better society where fundamental rights are realised.

The conference connects people and organisations, from all over the world, who are fighting for the rights and well-being of children and young people. It offers them a space to learn from each other and find a common voice.

The goal of CATS is to make children's participation a reality everywhere, and to support people, organisations and countries in finding the best ways to listen to children and involve them in decisions that affect them.

At CATS, adults & children:

- share practical experiences, resources and tools;
- deepen their understanding of participation and challenge attitudes and beliefs
- create networks and partnerships, and identify opportunities for collaborations;
- understand together the contribution that each can make to realise about what children are capable of achieving; children's fundamental human right to -participate in transforming society and realising their unique potential.



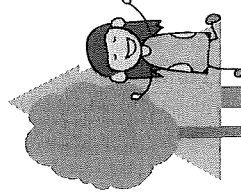
A UNIQUE EVENT

We foster and support inclusive participation opportunities for girls and boys of different ages, abilities, capacities and backgrounds, and we model inter-generational partnerships. We are expecting about 150 children and young people, and 150 adults to come to CATS. That means that children and young people will share the space equally with adults! Children and young people from 0 to 18, from all over the world and from very diverse backgrounds will be participating in the conference.

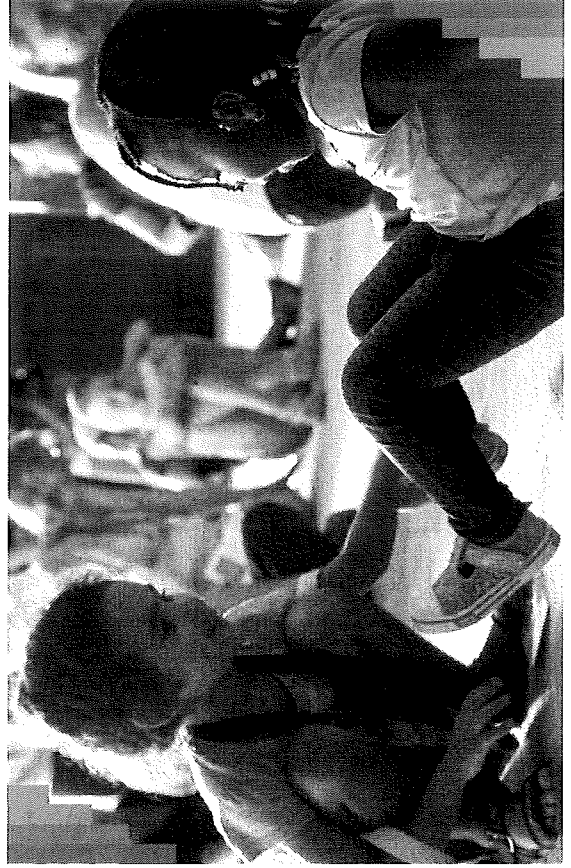
At CATS we believe that no matter your age, gender or background, you can make a change in your lives and those around you.

By having the opportunity to speak up and take part in decisions that affect you, you can help improve many sectors:

- Families and alternative care settings
- Education
- Communities
- Health
- Local and national decisions



MEOW IS A GROUP OF CHILDREN AND YOUNG PEOPLE, WORKING ALONGSIDE THE CATS ORGANISING PARTNERS AS THE 6TH PARTNER, TO DESIGN, PLAN AND IMPLEMENT ALL CATS RELATED ACTIVITIES, DEVELOP THE PROGRAM AND STRATEGY, AND REPRESENT THE WIDER COMMUNITY OF CHILDREN AND YOUNG PEOPLE INTERESTED IN CATS.



2 WHAT TO DO AT CATS?

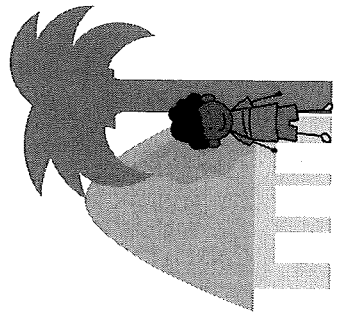
THEME AND PROGRAM

Aiming to gather a diverse group from around the world, the CATS 2017 Forum will focus on "Children and Inclusion". This edition of CATS will aim to create a unique space where children and adults are partners in transforming society by highlighting true stories, good practices, and promoting understanding differences and diversity.

// CATS 2017

Reaching for an inclusive world. //

The guiding principles of the UN Convention on the Rights of the Child, are that every child has the right to participation and that it should be inclusive for even the most marginalized. CATS 2017 will explore how children and adults, together, all around the world are creating an inclusive world.



CATS 2017 ACTIVITIES

CATS offers a lot of different activities, created for children and adults. This year will be the opportunity for the participants to experience different ways of learning and ways of expression, some more serious and some more fun.

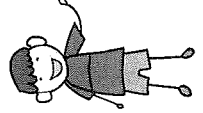
Being Time is a moment to wake up by taking the time to think about ourselves.

Learning spaces are sessions going throughout the week which will allow participants of all ages to evolve, experience and understand inclusion and exclusion, thanks to the help of experts. They will simulate different settings in which children grow and live: school, home, health facilities, councils and play.

Together Times are a time when all the participants are gathered together to get to know each other and collaborate. This will include:

- The Opening Session
- Unpacking Inclusion
- The CATS Marketplace
- The Human Library
- Call for Action
- Wrap Up

The " Kittens ' workshops " are dedicated to the youngest at the CATS Forum, divided in two groups: 2 to 5 year olds, and 6 to 10 year olds. The team of facilitators includes children and adults, including some 'veteran Kittens' from previous years.



Community Groups represent the space in which youth and adults (11 and up) have a dedicated moment to deeply listen to each other and to plant the seeds of an intergenerational global community, working towards better participation of children and young people in society. These sessions will help you have a better understanding of the themes of the day and create a bond within the group.

Let's explore is your chance to explore diversity and inclusion through a one-off, 90-minute session. You can choose one of approximately 10 different sessions running in parallel throughout the castle, and outside – if the weather's nice! For example, you might want to explore a topic, like 'gender' or a skill, like one-handed juggling.

Evening programmes are a time where everyone comes together to take part in various activities to take a break from the rest of the Event.

KEY OPPORTUNITIES TO PARTICIPATE

If you want to be more involved during the week, feel free to get as involved as you can! Be a Book in our Human Library, one of the Together Times, you can bring your own suggestions for MPOY, or help you to flow your talents during the weekend, night or share your culture and Diabats at the CATS Marketplace and the Cultural Night.



CHILDREN AS ACTORS FOR TRANSFORMING SOCIETY

July 29th - August 4th, 2017

CATS 2017 SCHEDULE



Developing Human Potential for Global Change

	SATURDAY, 29 OPENING DAY	SUNDAY, 30 CONTEXTUALISE	MONDAY, 31 OVERCOMING LABELS	TUESDAY, 1 STRETCHING BOUNDARIES	WEDNESDAY, 2 FIGHTING DISCRIMINATION	THURSDAY, 3 BREAKING THE CYCLE	FRIDAY, 4 TAKING CATS HOME
7:15	REGISTRATION						
8:00	DEPARTURES						
9:00	YOGA GAMES COMMUNITY GROUPS AND KITTENS WS	YOGA GAMES COMMUNITY GROUPS AND KITTENS WS	MUSIC COMMUNITY GROUPS AND KITTENS WS LEARNING SPACES	MEDITATION BREAKFAST TOGETHER TIME: CATS MARKETPLACE COMMUNITY GROUPS AND KITTENS WS LUNCH	YOGA LEARNING SPACES LEARNING SPACES	THANKFUL COMMUNITY GROUPS AND KITTENS WS LEARNING SPACES	MEDITATION COMMUNITY GROUPS AND KITTENS WS LET'S EXPLORE FURTHER & WRAP UP
10:45	OPEN TIME LEARNING SPACES	OPEN TIME LEARNING SPACES	OPEN TIME LEARNING SPACES	FREE TIME SWISS DAY	OPEN TIME	OPEN TIME BUILDING AN INCLUSIVE SOCIETY	
12:30	TOGETHER TIME: UNPACKING INCLUSION	LET'S EXPLORE	FREE TIME SWISS DAY	TEA TIME	TOGETHER TIME: HUMAN LIBRARY	CALL FOR ACTION	
1:30	DISCOVERY NIGHT	CULTURAL NIGHT	DINNER	FREE TIME SWISS DAY	DISCO NIGHT	TALENT NIGHT	
2:30	COMMUNITY GROUPS AND KITTENS WS	DISCOVERY NIGHT	SWISS NIGHT	DINNER	DISCO NIGHT	TALENT NIGHT	
4:00							
4:30							
6:30							
8:00							

3 WHERE TO EAT AND SLEEP?

ACCOMMODATION

You will be staying in the beautiful Caux Palace, a castle in the middle of the Swiss Mountains, above Montreux, overlooking the beautiful Lake Geneva! It has over 300 rooms and hosts various programmes throughout the summer.

Food will be provided by the amazing kitchen team. In Caux you will be expected to participate in a service shift as part of the wider team. You will have the chance to enjoy different types of food and have taste of a nice Swiss meal!

HOW TO GET TO THE CAUX PALACE?

Address: Rue du Panorama 2 CH-1824 Caux
Tel.: +41 (0)21 962 91 11 Fax: +41 (0)21 962 93 55



By plane: Find flights to Geneva International Airport, the closest to the conference venue. There is a train station on the ground floor from which you can take a train directly to Montreux. In Montreux, you can take the small train that goes up the mountain and stops in Caux. Visit www.sbb.ch



By train: There are trains to Montreux coming from the main Swiss train stations such as Zürich, Berne, Bale, Geneva, Cornavin and Lucerne. Once you arrive in Montreux, you can take the small train that goes up the mountain and stops in Caux. Visit www.sbb.ch



By car: Find your way to Montreux through "Autoroute du Rhône" or "Autoroute du Léman." In Montreux, take "Route de Caux" that will lead you up the mountain to the Caux Palace.

HOW MUCH DOES IT COST?

RATE	STANDARD	SUBSIDIZED	YOUNG ADULTS	CHILDREN*	CHILDREN*
	Private participants and NGO representatives	Students with student card (age 26-35) lofC staff or holders of a mandate from an lofC Association Full members of the association 'Amis de Caux'	Age 18-25	Age 6-17	Age 0-5
FEE/NIGHT	CHF 165	CHF 105	CHF 63	CHF 50	FREE

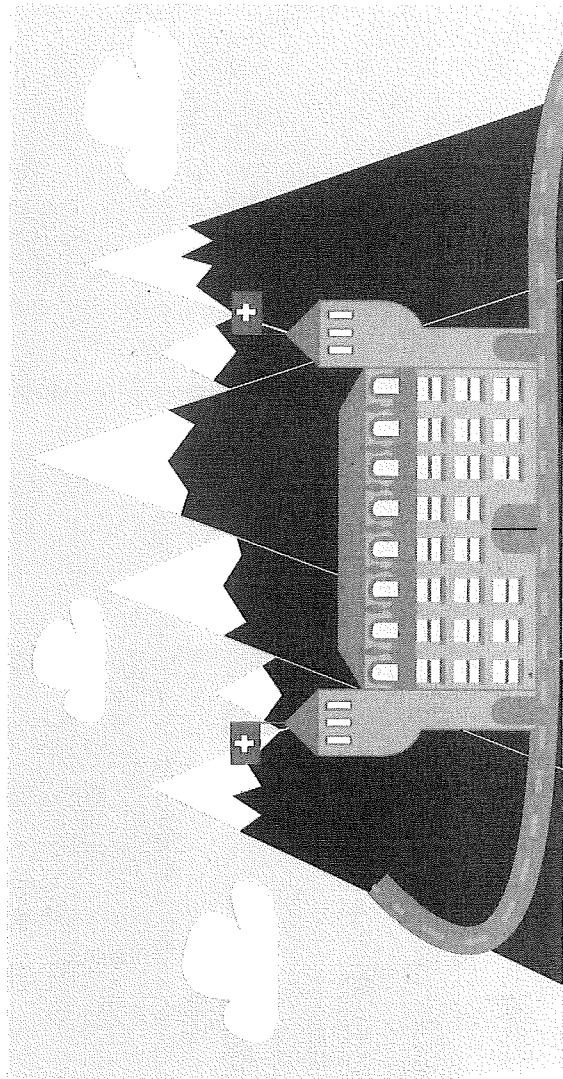
*Must be accompanied by an adult

REGISTRATION FEE

For each person from the age of 6 we apply a registration fee of CHF 50. This fee is to cover the administrative costs of the registration process, it has to be paid at the time of registration and is non-refundable.

SPECIAL OFFERS: KIDS AT CAUX

The family-friendly environment is ideal for participants to have their family join them. To support this, we offer free stay for one child (between the age of 6 and 17) per adult. Adults traveling with children pay the standard fee of CHF 165.-. This offer applies not only to families, but also to groups/delegations who attend the Forum with children. For each person, including the child offered free stay, the registration fee is charged.

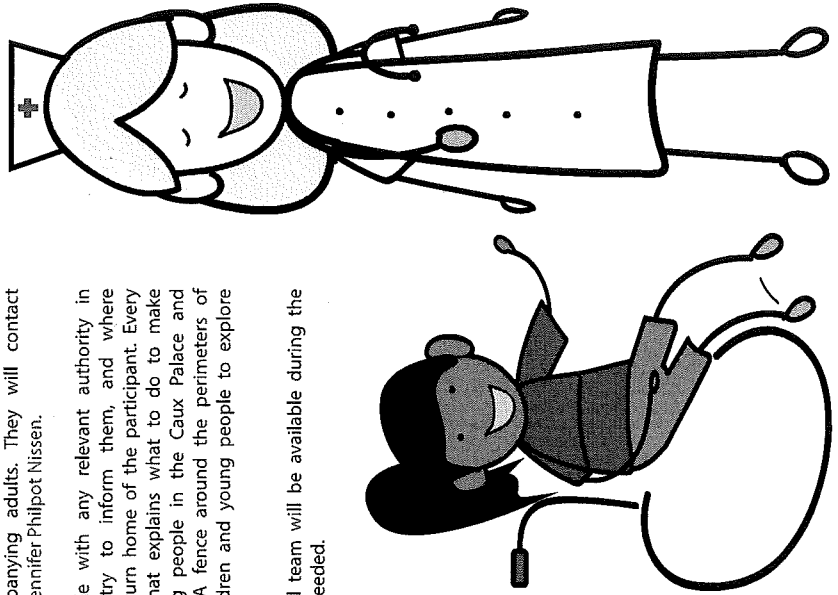


4 HOW TO BE SAFE?

Having many different people in one place means that we need to make sure that everyone who takes part in CATS feels comfortable and safe during their stay at the Caux Palace. In the case of any emergency contact your accompanying adults. They will contact the Child Protection focal person: Jennifer Philpot Nissen.

If needed, contact can be made with any relevant authority in Switzerland or the home country to inform them, and where relevant, to negotiate the safe return home of the participant. Every adult will receive a document that explains what to do to make sure that all children and young people in the Caux Palace and around it are safe at all times. A fence around the perimeters of the castle makes it safer for children and young people to explore and play.

Also, keep in mind that a medical team will be available during the conference in case medical help is needed.

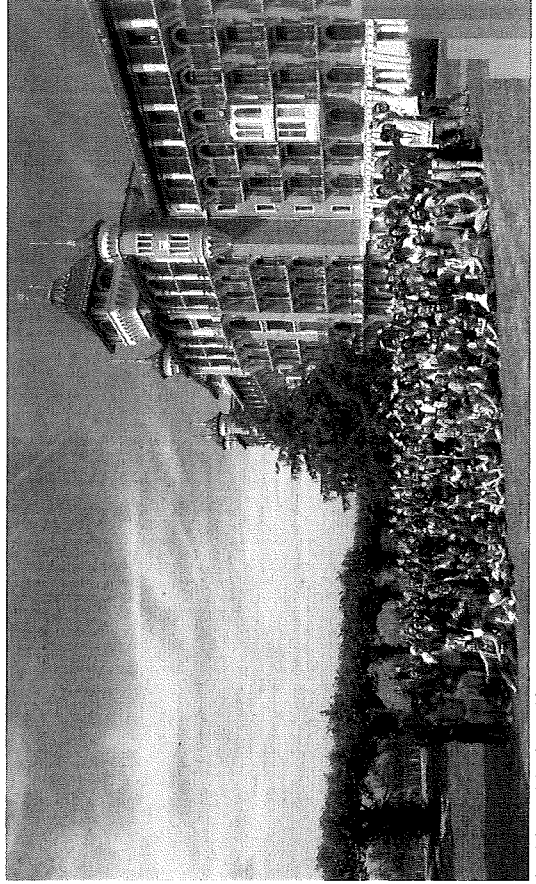


5 WHAT TO DO AROUND CAUX?



Caux's beautiful situation above the Lake Geneva offers an ideal environment for reflection. The schedule allows time for individual activities, reflection and outdoor exercise. In summer, the weather should allow you to play tennis, volleyball, table tennis; to hike and sightsee; or to dip in the Lake Geneva in Montreux.

On August 1st, take a break from the Conference to enjoy Switzerland's National Day, or as we call it "Swiss Day" to have a whole afternoon of free time and enjoy a nice Swiss Night and bonfire in the evening!



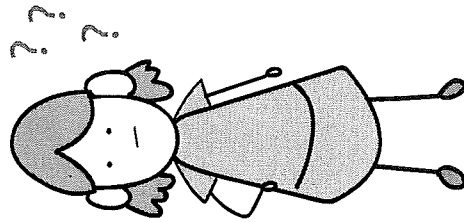
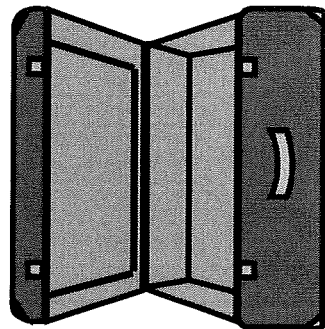
WHAT TO THINK ABOUT BEFORE GOING?

PRACTICAL INFORMATION

- Be sure that your passport is updated!
- Should you need a visa to come to Switzerland, the Caux team can help you obtaining it once you have registered and specified that you need one.

WHAT TO PUT IN YOUR LUGGAGE?

- Bring comfy shoes for walking, a swimsuit, a sunhat, and sunscreen!
- If you are under any medication, please don't forget to bring your prescription.
- If you want to share some specialties from your country, don't hesitate to bring them to share at the Cultural Night!
- If you have a special talent that you would share with us at the Talent Night, don't forget to bring the accessories (musical instruments, costumes etc..) you might need!

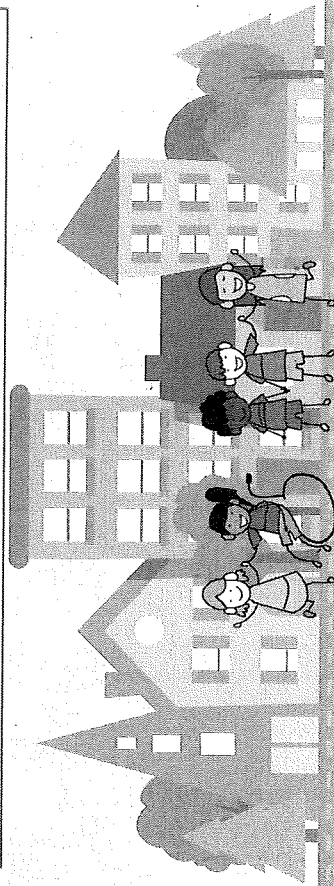


HOW TO LIVE ALL TOGETHER?

During the CATS Conference we all have to follow certain rules for safety reasons. Everyone has a responsibility to ensure children and young people are cared for and protected.

THE CATS' CODE OF CONDUCT

1. We treat others as we would like to be treated: we do not use bad language, shout, discriminate, tease or treat others with violence.
2. If anyone treats you in a way you do not like or think it is not appropriate, or if you see that someone treats any other person badly, we encourage you to report that behaviour to your parent, Accompanying Adult, Workshop leader, or to the child protection focal person so that we can prevent and respond to any concerns.
3. Children and young people share a room with someone who is of similar or same age. Girls and boys are allocated in separate rooms. Parents are encouraged to stay with small children in the same room. Only parents are allowed to share a bedroom with small children.
4. Internet is available in the Caux Palace. The IT department will limit computers so children don't have access to any inappropriate content.
5. Alcohol and smoking are not allowed in the Caux Palace. It is not possible to buy, consume or enter it with alcohol.
6. Evening activities for CATS participants will end by 10:30pm. Children and adolescents need to be in their rooms or designated areas after 10:30pm.
7. We all need to look after the environment and keep areas clean after we use them. Caux offers beautiful grounds and baby deer often come running around the Caux Palace so we have to think about them.



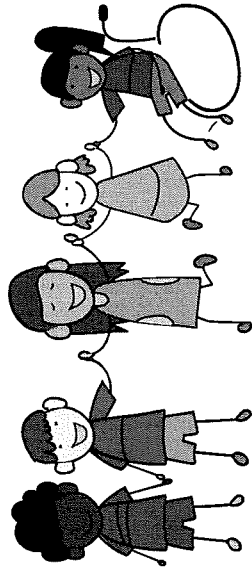
8 WHAT IS THE CAUX FORUM?

Sharing personal stories in a safe place, taking the time to reflect, learning through service, and engaging with a wide network of changemakers from around the world: this is what over 1,500 participants experience every summer during the Caux Forum's main events, dialogues and training programmes. Every year, people from diverse origins and backgrounds get together in the Caux Palace, high above Lake Geneva, to exchange views and stories and bring forward solutions to the world's needs. Caux catalyzes change: it encourages individuals to explore their inner strengths and their role as changemakers, under the principle that everyone has the potential to make a difference.

The Caux Forum is organized by the CAUX-Initiatives of Change Foundation (CAUX-lofC), the Swiss body of Initiatives of Change International (lofC).

lofC is an NGO working to inspire, equip and connect people to address world needs, starting with themselves. It focuses on areas of trustbuilding, ethical leadership, and sustainable living, always seeking to connect personal change with global change.

The CAUX-lofC Foundation organizes events and training in Switzerland, primarily in its conference and seminar centre in the Caux Palace.



9 WHO TO CONTACT?



Jonathan Levy,
Initiatives et Changement
CATS Scientific Program Director

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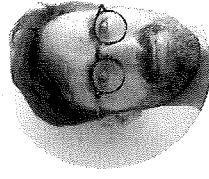


Julia Movshovich,
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www.caux.ch
http://catsconference.com



Luis Manuel Pinto,
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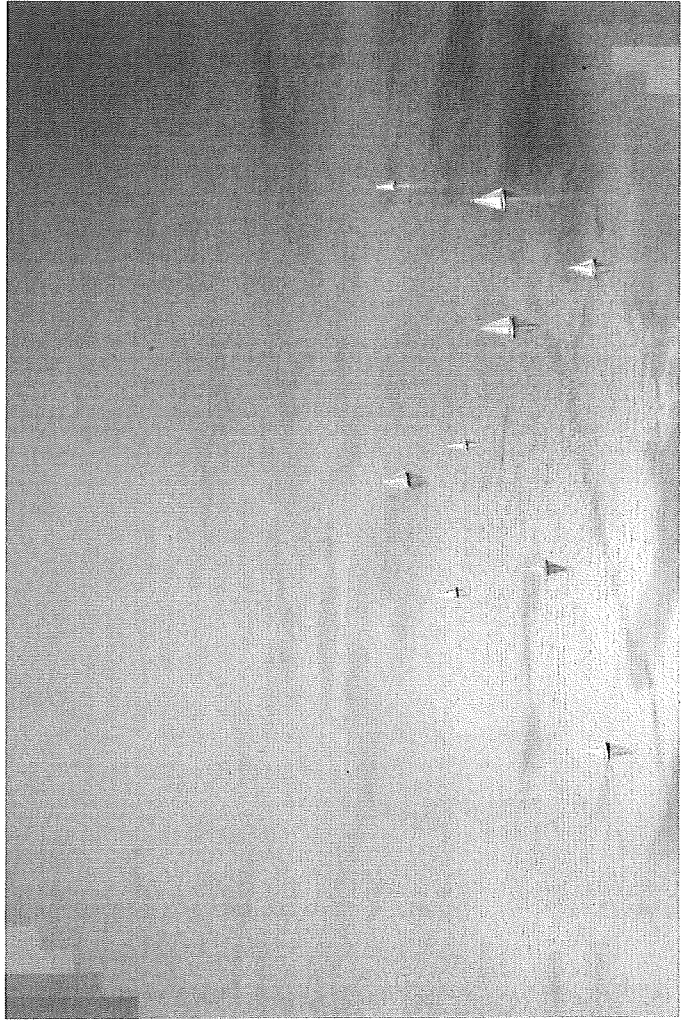
luis@learningforwellbeing.org

10 WHAT TO THINK ABOUT WHEN LEAVING?

RETURNING HOME

As all good things must come to an end, the 4th of August 2017 will be the occasion to exchange contact information and to say good bye to all the new friends you had made at CATS. It is important to return home safely and to bring with you all the amazing experiences you will go through at the Forum.

After a week all together in Caux, some people may experience "Caux withdrawal" or may take a few days to adjust back to being at home. Be sure to give yourself the time to appreciate your experience and to get used to being back home, its normal to feel a little strange at first.



TESTIMONIES FROM PAST PARTICIPANTS

“ Now, I am actively working on setting up a Global Children's Parliament with the support of other CATS participants from around the globe like Stefanos and Ahmed. The CATS conference has enabled me to think big and act even bigger in order to change the lives of children all around the world for the better.

- Christos Meliazas, Cyprus, 15 years old.
Member of the Cyprus Children's Parliament and the Youth Advisory Group at Eurochild, 2016

“ I went to CATS because I wanted to see the strength and the will of worldwide children to change the world. Here, at CATS, we are achieving this. I also think that it is important to listen to children and that they have to be integrated in the decision-making process as they have underestimated capacities and ideas.

- Esteban Quispe Churata, Bolivia, 18 years old.
Bolivian Genius who builds robots from recycled waste, 2016

“ I love the communal setting in CATS where the young and old live in harmony. I can see the children and young persons who have participated in CATS being future leaders of our great nations who will unite the world. CATS is truly a unique space where children, young people and adults, are working together in mutual respect towards a more just, inclusive and sustainable society where all can realise their fundamental human rights and potential.

- Nkem Oselloka-Orakwue, Nigeria.
Executive Director of the Nigerian Organization "Change Makers", 2015

“ It's important that politicians take part in events like CATS, where they can see in real life how it's possible to make a partnership with children.

- Kirsten Sandberg, Norway.
Former Chair, UN Committee on the Rights of the Child, 2015

“ The opportunity to be in CATS with this huge number of kids and people from all over the world richened our culture and affected our personalities in way that it made it stronger and more open toward the others. The community group and the workshops had the greater effect and were the best way in introducing us to the others and to the new knowledge you provided. You had such creative ways to introduce the knowledge you wanted to provide to us and we promised, we will pass it all.

- Anonymous, 15, Jordan, 2016

CAUX PALACE
CONFERENCE AND SEMINAR CENTRE

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